

# Inflationary Universe (project A01 status report)

Toward Understanding Physics/Mechanism of Inflation

Misao Sasaki

10 February, 2018

# Inflation: current status

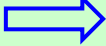

- scalar spectral index:  $n_s < 1$  at  $\sim 5\sigma$
- tensor/scalar ratio:  $r < 0.1$  implies  $E_{\text{inflation}} < 10^{16}$  GeV
- simple, canonical models are on verge of extinction  
( $m^2\phi^2$  model excluded at  $> 2\sigma$ )
- $R^2$  (Starobinsky) model seems to fit best. But why?
- $f_{\text{NL}}^{\text{local}} < O(1)$  suggests (effectively) single-field slow-roll  
but  $f_{\text{NL}}^{\text{local}} = O(1)$  or scale-dep  $f_{\text{NL}}^{\text{local}} = O(10)$  not excluded



some element of non-canonicity seems necessary

Theories/models? Observational tests/signatures?

# research summary

Teruaki Suyama       talk  
Shuichiro Yokoyama       poster

Tsutomu Kobayashi, Kazunori Nakayama, Misao Sasaki,  
Tomo Takahashi, Masahide Yamaguchi, Jun'ichi Yokoyama

76 published papers  
(27 for the last year)

Very active!

## Selected Recent Papers

- ➔ Observational signatures of the parametric amplification of gravitational waves during reheating after inflation, S Kuroyanagi, C Lin, **M Sasaki**, S Tsujikawa, PRD97 (2018) 023516
- ➔ Pole inflation in Jordan frame supergravity, K Saikawa, **M Yamaguchi**, Y Yamashita, D Yoshida, JCAP 1801 (2018) 031
- ➔ Extended mimetic gravity: Hamiltonian analysis and gradient instabilities, K Takahashi, **T Kobayashi**, JCAP 1711 (2017) 038
- Refined Study of Isocurvature Fluctuations in the Curvaton Scenario, N Kitajima, D Langlois, **T Takahashi**, **S Yokoyama**, JCAP 1712 (2017) 042
- ➔ Electroweak Vacuum Metastability and Low-scale Inflation, Y Ema, K Mukaida, **K Nakayama**, JCAP 1712 (2017) 030
- Revisiting the oscillations in the CMB angular power spectra at  $\ell \sim 120$  in the Planck 2015 data, K Horiguchi, K Ichiki, **J Yokoyama**, PTEP 2017 (2017) 093E01
- New bound on low reheating temperature for dark matter in models with early matter domination, KY Choi, **T Takahashi**, PRD96 (2017) 041301
- Spin Distribution of Primordial Black Holes, T Chiba, **S Yokoyama**, PTEP 2017 (2017) 083E01 9.
- ➔ Note on Reheating in G-inflation, HB Moghaddam, R Brandenberger, **J Yokoyama**, PRD95 (2017) 063529.
- CMB Scale Dependent Non-Gaussianity from Massive Gravity during Inflation, G Domenech, T Hiramatsu, C Lin, **M Sasaki**, JCAP 1705 (2017) 034

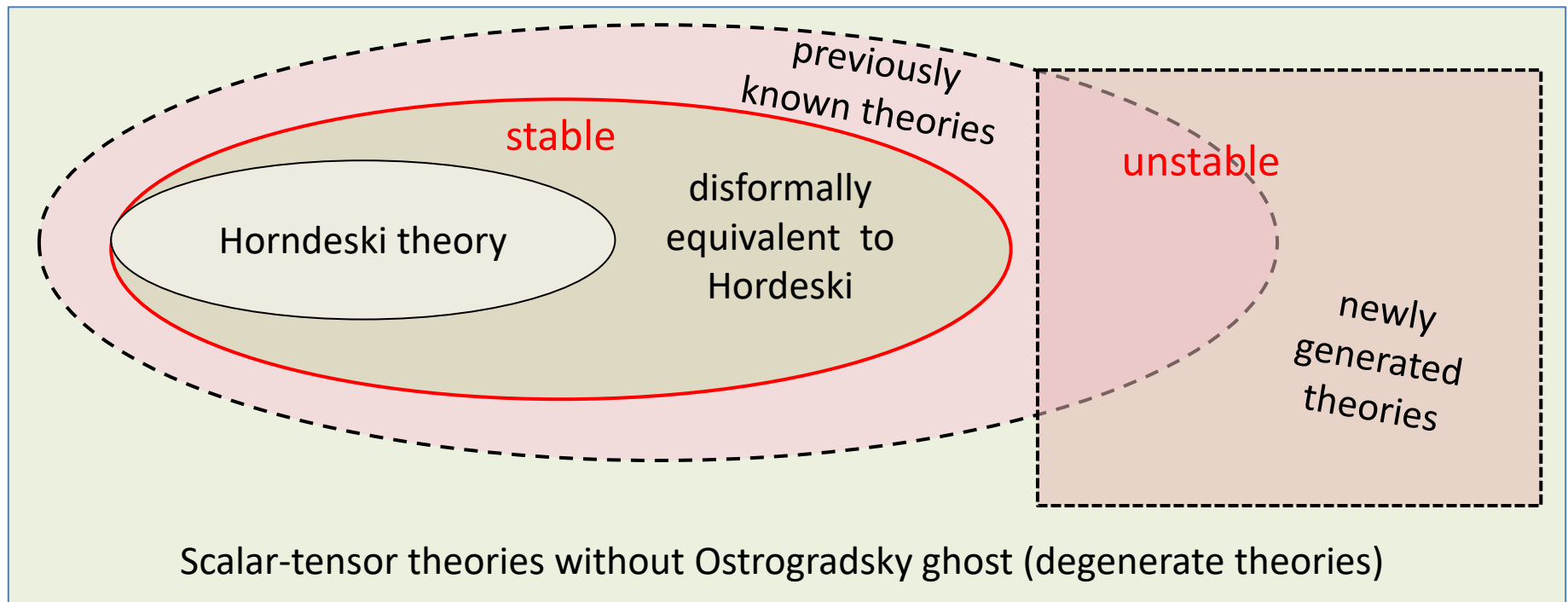
# 1. Modified Gravity

K Takahashi, T Kobayashi, JCAP 1711 (2017) 038 [1708.02951]

- “*Extended mimetic gravity*”

generated **general degenerate higher derivative theories** by performing non-invertible conformal transformation and analyzed their cosmological stability.

- result supports the conjecture “**all degenerate scalar-tensor theories that are not equivalent to Horndeski under disformal transformation are unstable**”



# Modified Gravity (conti.)

S Hirano, T Kobayashi, H Tashiro, S Yokoyama, 1801.07885 [astro-ph.CO] + ...

- *“Matter bispectrum beyond Horndeski” + ongoing work*

GW170817  $\rightarrow$  GW propagation speed =  $c$   $\rightarrow$  strong constraint on MG

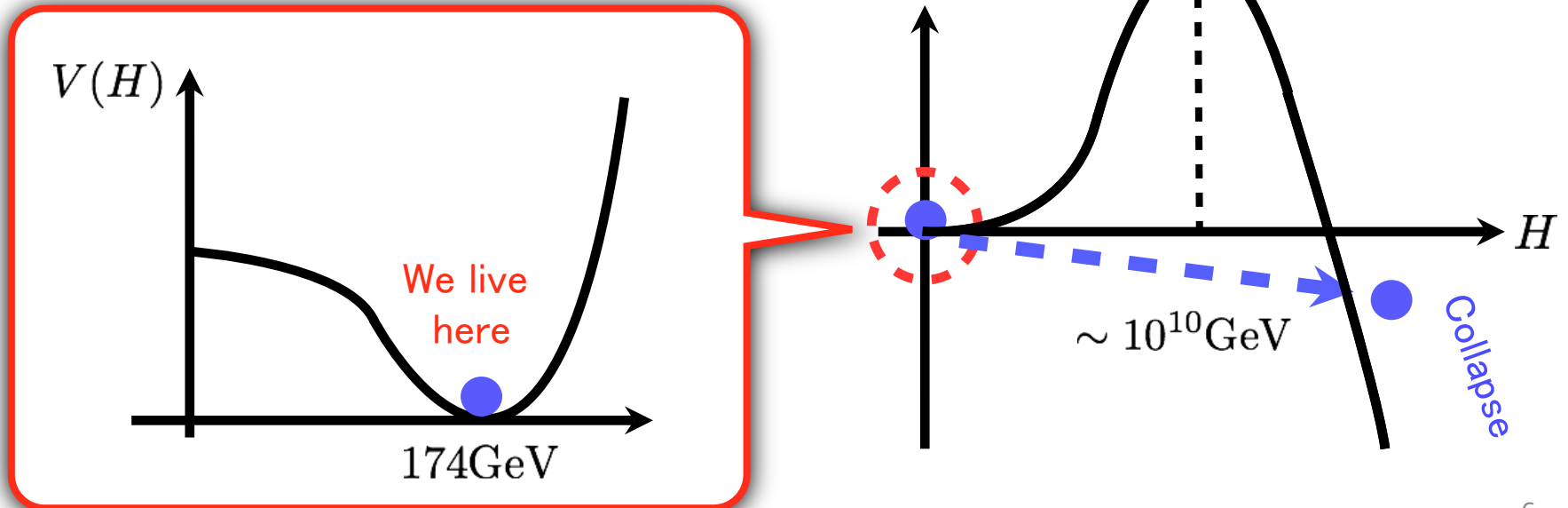
- allowed class of models = DHOST/beyond Horndeski
- any other constraint from, eg, growth rate of density perturbations?

# 2. EW Vacuum Metastability and Low-scale Inflation

Y Ema, K Mukaida, K Nakayama, JCAP 1712(2017) 030 [1706.08920]

## Instability of Electroweak Vacuum

- Current vacuum = broken EW symmetry due to Higgs
- Higgs' mass: 125GeV (LHC)  $\longrightarrow$  **Metastable Vacuum**
- Why the current Universe can exist?

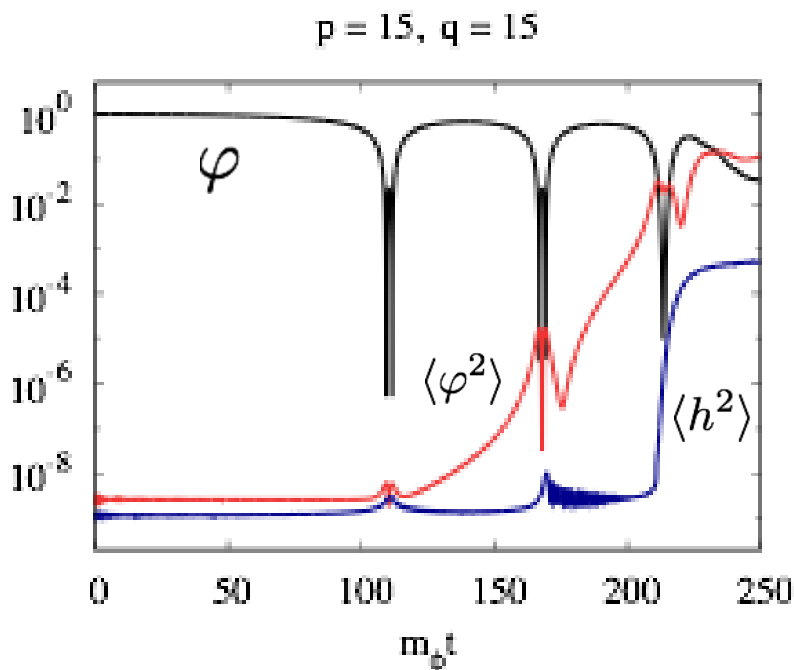


# Low-scale Inflation

$$\mathcal{L} = \frac{M_{\text{Pl}}^2}{2} R - \frac{1}{2} (\partial \phi)^2 - \frac{1}{2} (\partial h)^2 - U(\phi, h) \quad V(\phi) = \Lambda^4 \left[ 1 - \left( \frac{\phi}{v_\phi} \right)^n \right]^2$$

Inflaton-Higgs coupling: 
$$U(\phi, h) = V(\phi) + \frac{\tilde{\sigma}_{\phi h}}{2} \phi h^2 + \frac{\lambda_{\phi h}}{2} \phi^2 h^2 + \frac{m_h^z}{2} h^2 + \frac{\lambda_h}{4} h^4$$

Higgs fluctuations amplify due to parametric resonance



initial value at the onset of oscillations

$$p \equiv \frac{2\sigma_{\phi h} \varphi_{\text{ini}}}{m_\phi^2}, \quad q \equiv \frac{\lambda_{\phi h} \varphi_{\text{ini}}^2}{m_\phi^2}$$

stability constraint:

$$|p|, q \lesssim \mathcal{O}(1)$$

# 3. Probing multi-field inflation models with CMB spectral distortion

K Kainulainen, J Leskinen, S Nurmi, T Takahashi, JCAP1711 (2017) 002 [1707.01300]

- CMB  $\mu$  distortion can probe primordial power spectrum on small scales.

$$\mu = \int_{z_1}^{z_2} dz e^{-z^2/z_{\text{DC}}^2} \left[ - \int \frac{dk^3}{(2\pi)^3} A \mathcal{P}_\zeta(k) \frac{d}{dz} \left( \frac{3c_s^2}{\sqrt{2}e^{-k^2/k_D^2}} \right) \right]$$

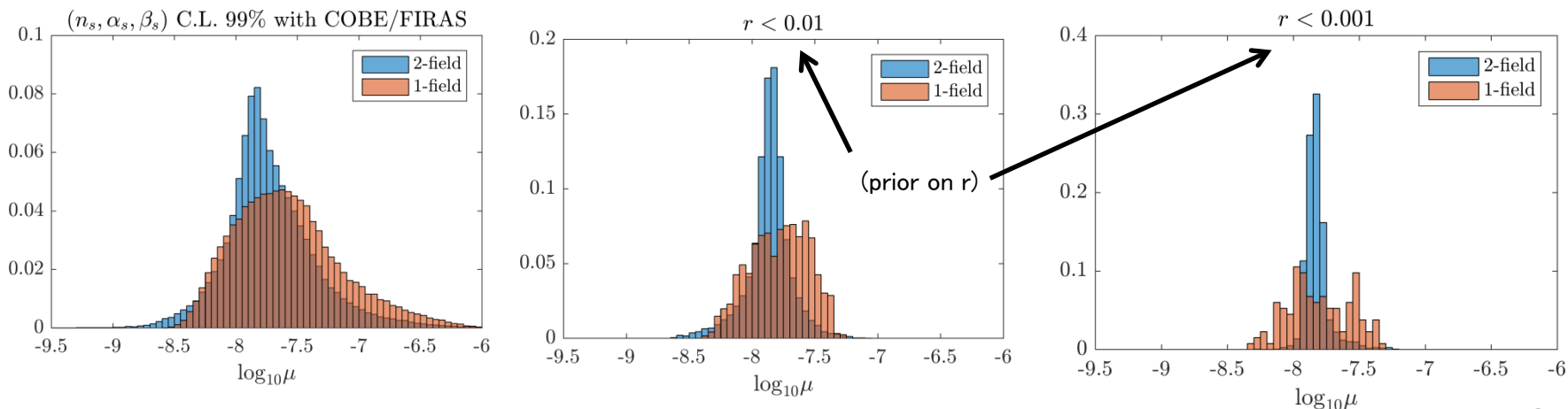
- Scales of  $50/\text{Mpc} < k < 10^4 / \text{Mpc}$  can be probed.

$$\alpha_s \equiv \left. \frac{dn_s}{d\ln(k)} \right|_{k=k_{\text{ref}}}$$

$$\beta_s \equiv \left. \frac{d^2 n_s}{d\ln(k)^2} \right|_{k=k_{\text{ref}}}$$

## Histogram of prediction for the distribution of $\mu$

(all configurations are compatible with Planck constraints on  $n_s, \alpha, \beta$ )





# 4. Pole inflation in Jordan frame supergravity

K Saikawa, M Yamaguchi, Y Yamashita, D Yoshida, JCAP 1801 (2018) 031 [1709.03440].

- **The models favored by the current observations** (Starobinsky model, Higgs inflation,  $\alpha$  attractor) can be understood in a unified way as **pole inflation**.
- **The non-minimal coupling to gravity ( $R$ )** may (easily) lead to this kind of pole structure of kinetic term after conformal transformation to Einstein frame.
- We simply impose **the canonical kinetic term of a scalar field in the Jordan frame** like Ferrara et al. (dubbed FKLMP model).
- We have shown that, in the FKLMP model, **the relation between the Kahler potential and the frame function is uniquely determined** by imposing that a scalar field has **the canonical kinetic term** and that a frame function consists only of **a holomorphic term for symmetry breaking terms**.
- We have **relaxed this latter condition** and discussed a wider class of models.

# Pole inflation

(Galante et al., Broy et al., Terada.)

$$S = \int d^4x \sqrt{-g} \left[ \frac{1}{2}R - \frac{1}{2}K(\rho)g^{\mu\nu} \partial_\mu \rho \partial_\nu \rho - V(\rho) \right]$$

- $K(\rho)$  has a pole at  $\rho=0$  in Laurent series :

$$K(\rho) = \frac{a_p}{\rho^p} + \dots$$

Canonically normalized field  $\varphi$



$$\rho \simeq \begin{cases} \rho_0 e^{-\frac{\varphi}{\sqrt{a_2}}} & \text{for } p = 2 \\ \left( \frac{(2-p)}{2\sqrt{a_2}} \varphi \right) & \text{for } p > 2 \end{cases}$$

- $V(\rho)$  is regular at  $\rho=0$  :

$$V(\rho) = V_0 (1 - \rho + \dots)$$



$$V(\varphi) \simeq \begin{cases} V_0 \left[ 1 - \rho_0 e^{-\frac{\varphi}{\sqrt{a_2}}} \right] & \text{for } p = 2 \\ V_0 \left[ 1 - \left( \frac{(2-p)}{2\sqrt{a_2}} \varphi \right)^{\frac{2}{2-p}} \right] & \text{for } p > 2 \end{cases}$$

(asymptotically flat)

**By canonically normalizing a field, the potential is effectively stretched.**

Primordial perturbations :

$\alpha$  attractors  $\leftrightarrow p=2, a_2 = 3\alpha/2$

$$n_s - 1 \simeq -\frac{p}{p-1} \frac{1}{N},$$

$$r \simeq \frac{8}{a_p} \left[ \frac{a_p}{(p-1)N} \right]^{\frac{p}{p-1}}.$$

$a_p$  dependence appears only in  $r$ .

Though subleading terms yield higher order corrections, the leading order predictions do not depend on the details.

# FKLMP model and its extension

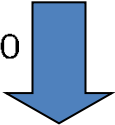
(Ferrara, Kallosh, Linde, Marrani, Van Proeyen 2010)

**Inflation models in Jordan frame supergravity with the canonical kinetic term**

**Kahler potential:**  $\mathcal{K}(z, \bar{z}) = -3 \log \left( -\frac{1}{3} \Phi(z, \bar{z}) \right)$ .

(special relation between  $\mathcal{K}$  &  $\Phi$ ) Equivalent under imposing the canonical kinetic term

**Frame function:**  $\Phi(z, \bar{z}) = -3 + \delta_{\alpha\bar{\beta}} z^\alpha \bar{z}^\beta + \boxed{J(z) + \bar{J}(\bar{z})}$

with  $\Phi_\alpha \hat{\partial}_\mu z^\alpha - \Phi_{\bar{\beta}} \hat{\partial}_\mu \bar{z}^\beta = 0$  

$$\mathcal{L}_{\text{FKLMP}} = \sqrt{-g_J} \left[ -\frac{1}{6} \Phi \mathcal{R}_J - \delta_{\alpha\bar{\beta}} \hat{\partial}_\mu z^\alpha \hat{\partial}_\nu \bar{z}^\beta g_J^{\mu\nu} - V_J \right].$$

holomorphic 

We extend 

$$J(z, \bar{z})$$

with keeping the **canonical kinetic term** in Jordan frame

# 5. Reheating after G-inflation

HB Moghaddam, R Brandenberger, J Yokoyama, PRD95 (2017) 063529 [1612.00998].

Previously, in kinetically driven G-inflation (as well as k-inflation) Reheating was thought to occur through gravitational particle production due to the change of the geometry because there is no inflaton oscillation after inflation.

$$a(t) \propto e^{H_{\text{inf}} t} \longrightarrow a(t) \propto t^{\frac{1}{3}}$$

This process is known to be inefficient with the reheating temperature given by

$$T_R = \frac{3N^{\frac{3}{4}}}{(32\pi^2)^{\frac{3}{4}}} \left(\frac{30}{\pi^2 g_*}\right)^{\frac{1}{4}} \frac{H_{\text{inf}}^2}{M_G} \simeq 3.9 \times 10^6 N^{\frac{3}{4}} \left(\frac{g_*}{106.75}\right)^{-\frac{1}{4}} \left(\frac{r}{0.01}\right) \text{ GeV.}$$

(Ford 1987, Kunimitsu & JY 2014)

Here N is the number of light bosonic degree of freedom (minimal coupling to gravity assumed) and r is the tensor-to-scalar ratio.

We studied effect of direct interaction with the inflaton  $\phi$  and another scalar  $\chi$  which preserves the shift symmetry of the former.

$$\mathcal{L}_{\text{int}} = \frac{1}{2M^2} (\partial\phi)^2 \chi^2 = -\frac{1}{2M^2} \dot{\phi}^2 \chi^2$$

Mode function satisfies

$$\ddot{\chi}_k + 3H\dot{\chi}_k + \left(\frac{k^2}{a^2} + M^{-2}\dot{\phi}^2\right) \chi_k = 0$$

$$X_k'' + \left(k^2 + M^{-2}\dot{\phi}^2 a^2 - \frac{a''}{a}\right) X_k = 0$$

$$X_k \equiv a^{-1} \chi_k$$

$$dt = a(t) d\tau$$

$$\equiv -V(\tau)$$

$$\rho_r(\tau) = \frac{-1}{32\pi^2 a^4} \int_{-\infty}^{\tau} d\tau_1 d\tau_2 \ln(\mu |(\tau_1 - \tau_2)|) V'(\tau_1) V'(\tau_2)$$

$$\simeq \frac{H_{\text{inf}}^4}{128\pi^2 a^4} \left[ \underbrace{5 \frac{M_G^4}{M^4}}_{\text{direct interaction}} + \underbrace{12 \ln \left( \frac{1}{H_{\text{inf}} \Delta t} \right)}_{\text{gravitational particle production}} \right] \quad M_G : \text{reduced Planck scale}$$

★ If  $M \leq M_G$  the direct interaction is more important than gravitational particle production and realizes a higher reheating temperature.

★ The reheating temperature can be much higher when direct interaction is dominant.

$$T_R = \frac{5H_{\text{inf}}^2 M_G^2}{32\pi^2 (3g_*)^{1/4} M^3} = 1.2 \times 10^{13} \left( \frac{g_*}{106.75} \right)^{-\frac{1}{4}} \left( \frac{r}{0.01} \right) \left( \frac{M}{10^{16} \text{ GeV}} \right)^{-3} \text{ GeV}$$

# 6. Inflationary Massive Gravity

S Kuroyanagi, C Lin, M Sasaki, S Tsujikawa, PRD97 (2018) 023516 [1710.06789]

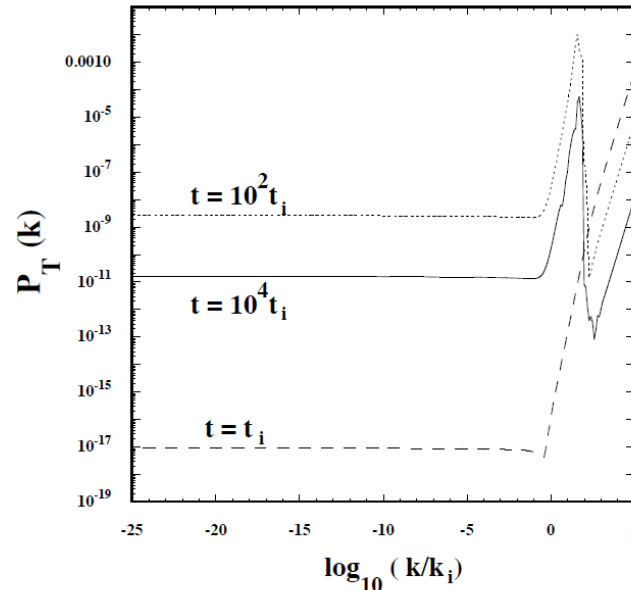
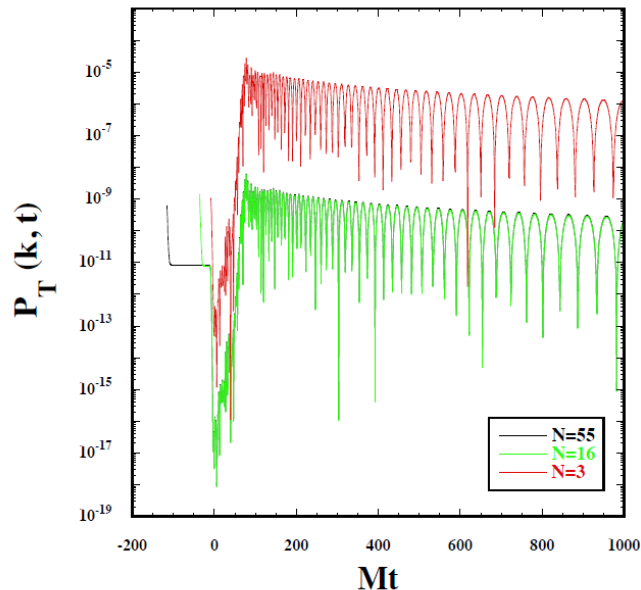
$$S = \int d^4 x \left[ \frac{M_P^2}{2} R - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) - \frac{9}{8} M_P^2 m_g^2(\phi) \frac{\delta Z^{ij} \delta Z^{ij}}{Z^2} \right]$$

$$\delta Z^{ij} = Z^{ij} - 3 \frac{Z^{ik} Z^{kj}}{Z}; \quad Z = Z^{ii}$$

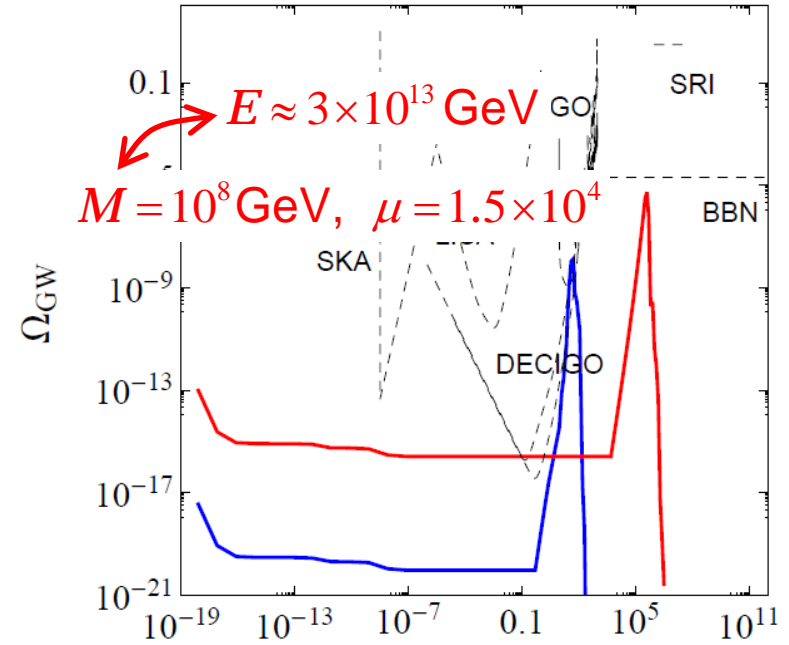
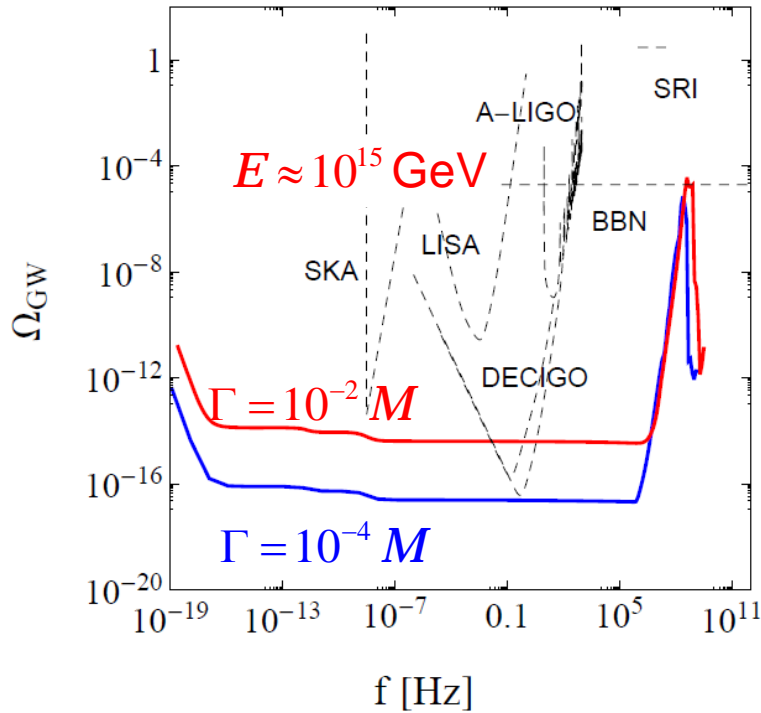
$$Z^{ij} = g^{\mu\nu} \partial_\mu \phi^i \partial_\nu \phi^j - \frac{g^{\mu\alpha} \partial_\mu \phi^0 \partial_\alpha \phi^i g^{\nu\beta} \partial_\nu \phi^0 \partial_\beta \phi^j}{X} = h^{ij}$$

$m_g^2$  oscillates during reheating  $\rightarrow$  parametric amp of tensor modes

Lin & MS (2015)



# examples



Starobinsky model  $\left( \varepsilon_{\text{inf}} = -\frac{H}{H^2} \simeq 2.5 \times 10^{-4} \right)$

$$V = \frac{3}{4} M^2 M_{pl}^2 \left[ 1 - \exp\left( -\frac{\sqrt{6}\phi}{3M_{pl}} \right) \right]^2$$

with  $m_g^2 = \lambda \phi^2 \exp[-2(\phi / M_{pl})^2]$   
 $\lambda = 4.8 \times 10^{-7}$

$M = 1 \text{ GeV}, \mu = 4.8 \times 10^4 \rightarrow E \approx 3 \times 10^9 \text{ GeV}$   
 low-scale model  $(\varepsilon_{\text{inf}} \ll 10^{-4})$

$$V = \frac{1}{2} M^2 \phi^2, \quad H_{\text{end}} = \frac{2}{3} M, \quad \Gamma = 10^{-3} M$$

with  $m_g^2 = \mu \frac{\dot{\phi}^2}{M_{pl}^2}$

Big-Bang Nucleosynthesis (BBN) gives stringent constraints

# 7. Scalon from $R^2$ -inflation as a Heavy Field

S Pi, YL Zhang, QG Huang, M Sasaki, [1712.09896].

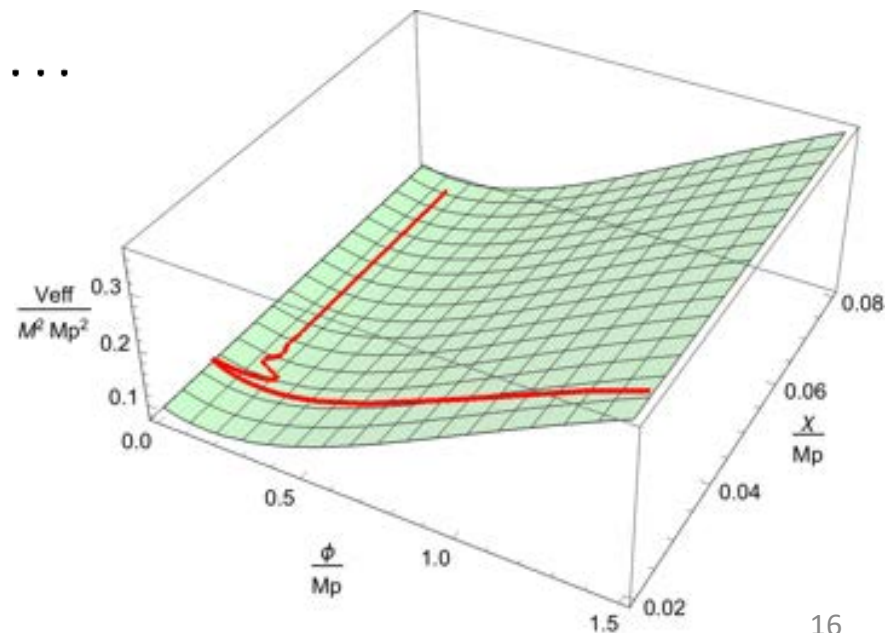
- We propose the Lagrangian as the Starobinsky  $R^2$  gravity plus a scalar field  $\chi$ , nonminimally coupled to gravity

$$S_J = \int d^4x \sqrt{-g} \left\{ \frac{M_{\text{Pl}}^2}{2} \left( R + \frac{R^2}{6M^2} \right) - \frac{1}{2} g^{\mu\nu} \partial_\mu \chi \partial_\nu \chi - V(\chi) - \frac{1}{2} \xi R \chi^2 \right\}.$$

- $V(\chi)$  is potential for  $\chi$ , which we pick for the small-field

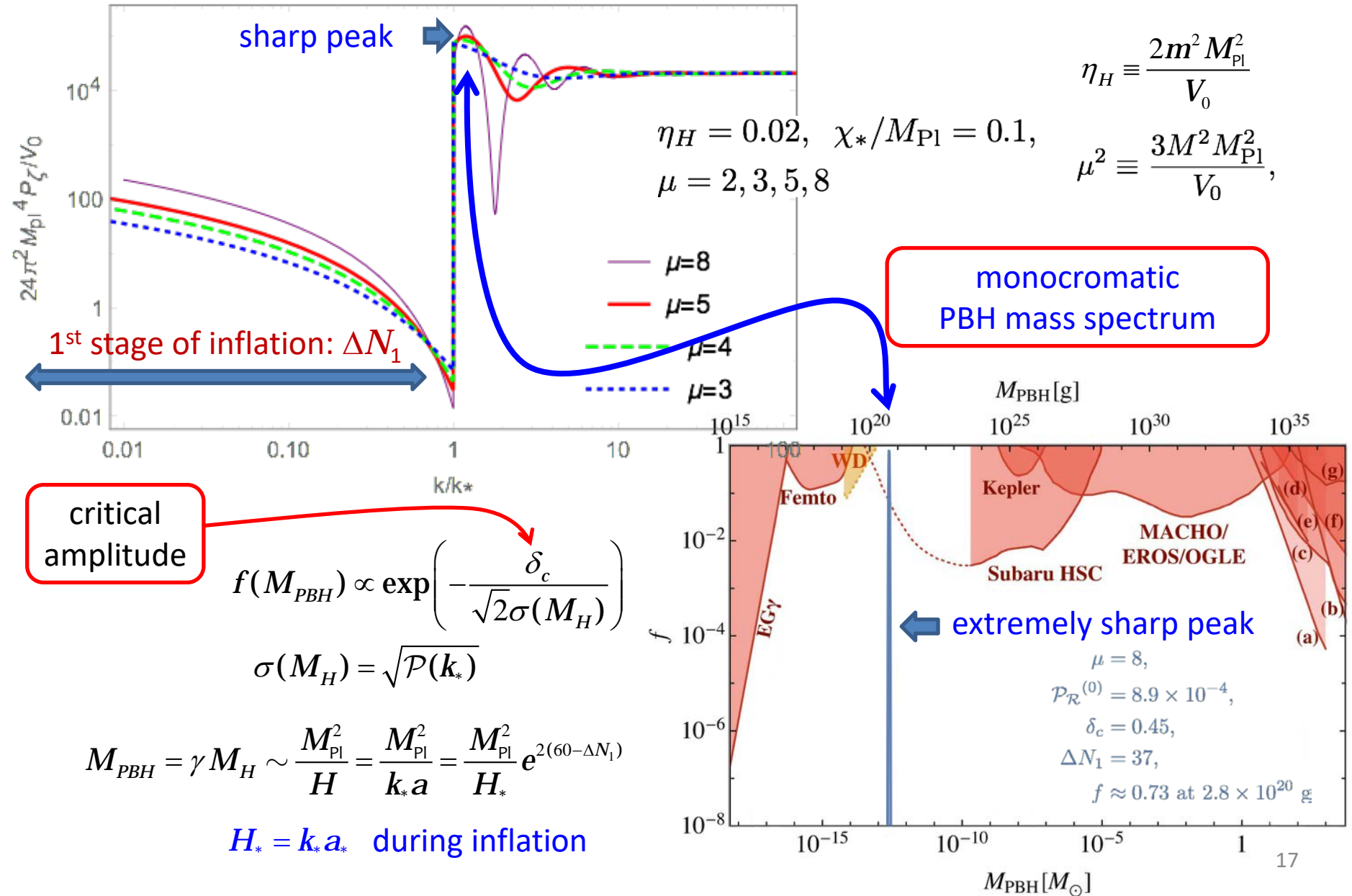
form:  $V(\chi) = V_0 - \frac{1}{2} m^2 \chi^2 + \dots$

- $\xi$ -term is the non-minimally coupled term to solve the initial condition problem. Another version of SSB in  $\chi$  direction.





# PBH as CDM from the transition stage



# Inflation: summary

- scalar spectral index:  $n_s < 1$  at  $\sim 5\sigma$
- tensor/scalar ratio:  $r < 0.1$  implies  $E_{\text{inflation}} < 10^{16}$  GeV
- simple, canonical models are on verge of extinction ( $m^2\phi^2$  model excluded at  $> 2\sigma$ )
- $R^2$  (Starobinsky) model seems to fit best. But why?
- $f_{\text{NL}}^{\text{local}} < O(1)$  suggests (effectively) single-field slow-roll but  $f_{\text{NL}}^{\text{local}} = O(1)$  or scale-dep  $f_{\text{NL}}^{\text{local}} = O(10)$  not excluded



some element of non-canonicity seems necessary

Theories/models? Observational tests/signatures?

Tensor modes to be detected  $\iff$  multi-band GW astronomy!