Alternatives to Dark Matter: Ultra-Light Fields

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Cosmic Acceleration IPMU, February 2020

Image: Markos Kay for Quanta Magazine

Dark Matter

Dark matter from all scales





NASA, ESA, CXC, M. Bradac and S. Allen



+ Gravitational lensing + Ly- α ; + heating clusters + ...

Large scales: Λ CDM, a remarkable success



- DM: Cold Dark Matter (CDM)

CDM is described as a fluid which is

- Cold
- Pressure-less
- Massive

- Collision-less
- Dark

Cold dark matter: what we don't know

• What is the microphysics of DM?



- Self-interacting?
- Warm?
- Interacts with baryons?

Small Scales might offer some hints of the nature of DM



Small Scale Challenges Curiosities Galaxies

- Galactic scales
 - Cusp-core problem
 - Missing satellites problem
 - Too big to fail
 - ...
- Regularity/diversity of rotation curves

✓ BTFR
 ✓ Radial acceleration relation (RAR)
 ✓ ...

Small Scale Challenges Curiosities

Cusp core problem



Missing satellites



Mismatch between the # of predicted satellites by LCDM simulations and the # of observed satellites. Solutions: (1) additional ultra-faint dwarfs; (2) Galaxy formation suppression; (3) Suppression of structure formation



"too big to fail"

Mismatch between central masses of simulated DM systems and observed galaxies

Solutions might be: (1) Feedback; (2) Suppression of structure.

Small Scale Challenges Curiosities Galaxies

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 ✓ ...

Small Scale Challenges Galaxies

• Baryonic Tully Fisher Relation (BTFR)

Remarkably tight scaling relations between dynamical and baryonic properties.



$$a_0 \simeq \frac{1}{6} H_0 \simeq 1.2 \times 10^{-8} \text{ cm/s}^2 = 2.7 \times 10^{-34} \text{ eV}.$$

Dark Matter: Large Scales: standard cold DM particle Small scales:

• Feedback

- Star formation
- Stellar evolution
- Sn rates

- BH and AGN feedback
- Stellar feedback

• ...

Still under debate:

- ≠ simulations, ≠ parametrization of those effects
- Feedback enough?
- Can they yield such tight correl.?

• MOND

MOND without DM

Empirical force law

$$a = \begin{cases} a_N^b, & a_N^b \gg a_0, \\ \sqrt{a_N^b a_0}, & a_N^b \ll a_0. \end{cases}$$

• Modification of DM

Modify DM to a component that behaves different than CDM on small scales. Curious: Baryons drive the dynamics!

Works extremely well in: (1) Fitting rotation curves; (2) Scaling relations

To address the small scales challenges:

- ✓ Suppress formation of small scales structures and/or
- $\checkmark \neq$ profile in the core
- Emergent dynamics on galactic scales and/or

Small scales can offer hints of the nature of DM!

Dark Matter: Large Scales: standard cold DM particle

Small scales:

- Changes in the analysis
- Feedback
 - Star formation •
 - Stellar evolution •
 - Sn rates •

BH and AGN feedback

Stellar feedback

. . .

Still under debate:

- \neq simulations, \neq parametrization of those effects
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MOND

MOND without DM

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Small scales can offer hints of the nature of DM!

Idea:

- Large scales: DM behaves like standard particle DM (CDM).
- Galactic scales: Given their small mass, their $\lambda_{dB} \sim 1/mv$ is large. On those scales DM behaves differently: it condenses forming a Bose-Einstein condensate (BEC) and maybe a superfluid. DM behaves in a collective macroscopic behavior $\rightarrow \neq$ effective dynamics

Large scales Clusters

DM: particles $d \gg \lambda_{dB}$



BEC and Superfluid

BEC: macroscopic occupancy of the lowest energy state.





High temperature Thermal velocities

Low temperature $\lambda_B \sim T^{-1/2}$ "wave packets"







T = 0 Pure BEC "giant matter wave"

- At low temperatures, fluid condensates into a BEC.
- De Broglie wavelength (λ_B) of each particle is large enough that their quantum wave function overlaps, and a single wave function describes the entire liquid.



• Quantum phenomenon that appears at low T and macroscopic scales.

Superfluidity:

- Another macroscopic quantum phenomena that appears at low T after the superfluid condenses into a BEC.
- Effective dynamics of superfluid: fluid flows without friction.



Description of the condensate and superfluid

- (pure) $BEC \rightarrow$ non-interacting many-body system of bosons
- Superfluid → interacting many-body system of bosons
- Dynamics given by the many-body Hamiltonian of N (non-)interacting bosons.

Mean field
approximation:
$$\hat{\Psi}(\mathbf{r},t) = \psi(\mathbf{r},t) + \delta \hat{\Psi}(\mathbf{r},t) \qquad \text{with} \qquad \begin{aligned} \psi(\mathbf{r},t) &= \langle \hat{\Psi}(\mathbf{r},t) \rangle \\ \text{Fixed } n_0 &= |\psi(\mathbf{r},t)|^2 \end{aligned}$$

$$\hat{\Psi}(\mathbf{r},t) = \langle \hat{\Psi}(\mathbf{r},t) \rangle \\ \text{Fixed } n_0 &= |\psi(\mathbf{r},t)|^2 \end{aligned}$$

$$\hat{\Psi}(\mathbf{r},t) = \langle \hat{\Psi}(\mathbf{r},t) \rangle \\ \text{Fixed } n_0 &= |\psi(\mathbf{r},t)|^2 \end{aligned}$$

For a 2-body interacting system, in a trapping potential:

$$i\partial_t \psi(\mathbf{r},t) = \left(-\frac{\nabla^2}{2m} + V_{trap}(\mathbf{r}) + U_0 |\psi(\mathbf{r},t)|^2\right) \psi(\mathbf{r},t)$$

Gross-Pitaevskii equation: non-linear Schrödinger equation for the condensate wavefunction

$$\psi(\mathbf{r},t) = \phi(\mathbf{r})e^{-i\mu t}$$

 $(\hat{\Psi} - \text{Bose field operator})$

Description of the condensate and superfluid

BEC can be seen as a *phase transition* where a macroscopic number of bosons occupy the lowest energy state



Weakly interacting Bose system can be seen as a particle conserving system with spontaneous breaking of a U(1) symmetry (symmetry of the many body Hamiltonian)



Credit: Peking University

Methods from field theory are very appropriate to describe this system.

Description of the condensate and Sf

The present context of a bosonic superfluid is a <u>Bose Einstein</u> <u>condensate</u>, in the presence of self interactions, with particle number conservation.

• System with a U(1) global symmetry that is spontaneously broken.

$$\mathcal{L} = -|\partial \Psi|^2 - m_{\Psi}^2 |\Psi|^2 - \frac{\lambda}{2} |\Psi|^4 + (\dots)$$
$$\Psi = \Psi_0 + \delta \Psi \xrightarrow{\qquad \qquad 2\text{-body interaction}} 2\text{-body interaction}$$

- Condensate: $\Psi_0 = v e^{\pi(x, t)}$

Current:
$$\dot{j}_0 = v^2 \dot{\pi} = \text{const.} \Rightarrow \dot{\pi} = \mu$$
 \longrightarrow $\Psi_0 = v e^{i\mu t}$
Symmetry
spont. broken
by the ground
state
 $\mu^2 > m^2$ Bose Einstein condensation

Description of the superfluid

• System with a U(1) global symmetry that is spontaneously broken.

$$\mathcal{L} = -|\partial \Psi|^2 - m_{\Psi}^2 |\Psi|^2 - \frac{\lambda}{2} |\Psi|^4 + (...)$$

$$\Psi = \Psi_0 + \delta \Psi \begin{cases} \text{Condensate: } \Psi_0 = v e^{i\mu t} \\ \Theta \\ \text{Excitations: } \Psi = (v+\rho) e^{i(\mu t + \theta)} \end{cases}$$





Crystal Lens

Collective excitations: massless Goldstone and massive quasi-particles.

Low energy: only $heta\,$ excited - phonon $w_k\sim c_s k$ Propagates as wave

(Mediates long range force $\sim 1/r^2$)

In the limit $\lambda \to 0$: BEC stops exhibiting superfluidity. Phonon \to gapless particle $w_k = k^2/2m$

Description of the BEC and Sf

We can recover the previous approaches:

Gross-Pitaevskii equation

Adding a trapping potential

Taking the non-relativistic limit and rewriting the field as: $\Psi = \frac{1}{2m}\psi e^{-imt}$

$$i\dot{\psi} = \left(-\frac{1}{2m}\nabla^2 + V_{trap} + \frac{\lambda}{8m^2}|\psi|^2\right)\psi$$

Mandelung equations

Writing:
$$\psi \equiv \sqrt{\frac{\rho}{m}} e^{i\theta}$$
 $\mathbf{v} \equiv \frac{1}{m} \nabla \theta$
 $\dot{\rho} + \nabla \cdot (\rho \mathbf{v}) = 0$
 $\dot{\mathbf{v}} + (\mathbf{v} \cdot \nabla) \mathbf{v} = -\frac{1}{m} \nabla \left(V_{trap} - \frac{1}{2m} \frac{\nabla^2 \sqrt{\rho}}{\sqrt{\rho}} \right)$
Quantum pressure

Effective Field Theory of Superfluids Low energies $(\dot{\theta}/m \ll 1)$ Greiter, Wilczek & Witten (1989); Son and Wingate (2005)

• Low energy DOF: Only massless Goldstone bosons excited $\, heta$

Shift symmetry $\theta \rightarrow \theta + c$

In the non-relativistic regime and at lowest order in derivatives: + Galilean invariance

$$\mathcal{L} = P(X)$$
$$X = \dot{\theta} - m\Phi - \frac{(\vec{\nabla}\theta)^2}{2m}$$

Different phenomena $P(X) \propto \left(\frac{\dot{\theta}}{m}\right)^n$ $\begin{bmatrix} n = 2: & P \sim \rho^2 & \text{BEC} \\ n = 3/2: & P \sim \rho^3 & \text{``MOND''} \\ n = 5/2: & P \sim \rho^{5/3} & \text{Unitary Fermi} \\ & \text{gas} \end{bmatrix}$

Gravitational potential

Equivalence (low energies) 2-body $\mathcal{L} = -|\partial \Psi| - m^2 |\Psi|^2 - \frac{\lambda}{2} |\Psi|^4 \longrightarrow \mathcal{L} = P(X) \propto X^2 \longrightarrow p \propto \rho^2$ 3-body $\mathcal{L} = -|\partial \Psi| - m^2 |\Psi|^2 - \frac{g_3}{3} |\Psi|^6 \longrightarrow \mathcal{L} = P(X) \propto X^{3/2} \longrightarrow p \propto \rho^3$

Class of models where DM forms a Bose-Einstein condensate (BEC) or a superfluid on galactic scales.

Idea: wave nature of DM on astrophysical scales

- Suppresses structure on those scales
- Homogeneous core
- Modifies the dynamics on small scales,

while maintaining the successes of CDM on large scales.



Adapted from Quanta

Many models in the literature.

Invoke condensation in similar but distinct ways that have important implications for the observables of the models



Many models in the literature.

Invoke condensation in similar but distinct ways that have important implications for the observables of the models

BUT, can be basically divided into **3 categories**



3 categories

Classification is based on the different

Scalar Filed Dark Matter (SFDM): described by a self-interacting scalar field with 2-body interaction (or higher order interaction).

 Equivalent: Weakly coupled BEC. Exhibits superfluidity after condensation.

Fuzzy DM: described by a ultra-light scalar field under the influence of gravitational potential

Equivalent: BEC (NO superfluid)

Superfluid DM: described by a superfluid with specific EoS to reproduce MOND (long range interactions) on galactic scales.

Also called: repulsive DM, scalar field DM, fluid dark matter, among others

Also called: wave DM or ψ DM.

Condition for Condensation

DM has to condensate in galaxies:

- de Broglie wavelength of the particles must overlap ($n_{gal}\lambda_{dB} \gg 1$). $\lambda_b \sim \frac{1}{mv} \ge d \sim \left(\frac{m}{\rho_{vir}}\right)^{\frac{1}{3}}$ $\Rightarrow \qquad m \le 2\text{eV}$
- Thermalization



Strongly interacting axion-like particle. DM is cold: $T_c \sim mK$

Cold atoms in the lab

SFDM and Fuzzy DM

Lets consider a self-interacting scalar field in a FRW universe:

$$S = \int d^4x \sqrt{-g} \left[\frac{1}{2} |\partial \Psi| - m^2 |\Psi|^2 - \frac{\lambda}{4} |\Psi|^4 \right]$$

NR regime and $\Psi = \frac{1}{2m} \psi e^{-imt}$. In an FRW universe $ds^2 = (1+2\Phi)dt^2 - a^2(t)(1-2\Phi)d\mathbf{r}^2$

Consider time scales smaller than the expansion, we can ignore expansion:

$$\begin{split} i\dot{\psi} &= \left(-\frac{1}{2m}\nabla^2 + \frac{\lambda}{8m^2}|\psi|^2 - m\Phi\right)\psi \qquad & \text{Gross-Pitaevskii equation}\\ \nabla^2\Phi &= 4\pi G(m|\psi|^2 - \bar{\rho}) \qquad & \text{Poisson equation} \end{split}$$

SFDM and Fuzzy DM

Both models can be described by:

$$i\dot{\psi} = \left(-\frac{1}{2m}\nabla^2 + \frac{\lambda}{8m^2}|\psi|^2 - m\Phi\right)\psi$$
$$\nabla^2\Phi = 4\pi G(m|\psi|^2 - \bar{\rho})$$

where

$$\lambda = 0 \longrightarrow$$
 Fuzzy DM
 $\lambda \neq 0 \longrightarrow$ Scalar Field DM Sf

Self-interacting scalar field in a FRW universe is analogous to the theory for the weakly interacting BEC

SFDM and Fuzzy DM Condensate and Stability

$$i\dot{\psi} = \left(-\frac{1}{2m}\nabla^2 + \frac{\lambda}{8m^2}|\psi|^2\right)\psi$$

$$\psi(\mathbf{x},t) = \psi_c(t) + \delta\psi(\mathbf{x},t)$$

Perturbations:

 $ilde{\omega}_k^2 = 0, \qquad \lambda > 0$ Oscillates, stable $k_* = -\frac{|\lambda|n_0}{2m} \implies \lambda < 0 \quad \begin{cases} l > l_* & \text{Structures grow, no condensate} \\ l < l_* & \text{Oscillates, stable, forming a condensate, the soliton} \end{cases}$

For attractive interactions can only form localized clumps (solitons) of size $l < l_*$

Fuzzy DM

Perturbations:

~ 2 0

$$\omega_{\overline{k}} = 0$$
,
 $k_J = (16\pi G m^3 n_0)^{1/4} \quad \left[\begin{array}{c} \lambda > \\ \lambda < \end{array} \right]$

 λ_J CDM Gravity dominates, collapse happens Quantum pressure dominates. Solution is stable λ_J and oscillates - NO structure formation!

$$\lambda_J = 55 \left(\frac{m}{10^{-22} \,\text{eV}}\right)^{-1/2} \left(\frac{\rho}{\bar{\rho}}\right)^{-1/4} (\Omega_m h)^{-1/4} \,\text{kpc}$$

SFDM and Fuzzy DM Condensate and Stability

Summarizing:

SFDM

- $\lambda>0~$ Long range coherence
- $\lambda < 0~$ Only localized clumps (solitons)

when it exhibits superfluidity

≁

Fuzzy DM

- Finite size coherent core
- Small mass to have a size relevant to galactic scales $m \sim 10^{-22}\,{
 m eV}$

Fuzzy DM

Ultra-light scalar field under the influence of grav. potential W. Hu; R. Barkana; A. Gruzinov (2000)

Forms a BEC at galactic scales $m \leq 10^{-20} \text{eV} \Rightarrow \lambda_{dB} > \mathcal{O}(\text{kpc})$

<u>Picture</u>

 $\lambda > \lambda_J$ CDM $\lambda < \lambda_J$ Condensed regime, oscillates NO structure formation!



$$\lambda_J = 55 \left(\frac{m}{10^{-22} \,\text{eV}}\right)^{-1/2} \left(\frac{\rho}{\bar{\rho}}\right)^{-1/4} (\Omega_m h)^{-1/4} \,\text{kpc}$$

Fuzzy DM Gravitational Signatures and bounds

Bounds on the mass









Fuzzy DM

Gravitational Signatures and bounds

Bounds on the mass



Fuzzy DM

Gravitational Signatures and bounds

Maximum density

Dwarf Galaxies

$$\lambda_{dB} < R_{Virial}$$

 $\implies \rho_c \le 7.05 M_{\odot} \text{pm}^{-3} \left(\frac{10^9}{M_{\odot}}\right)^{-4} \left(\frac{10^{-22}}{m}\right)^{-6}$ dSph $m = 8^{+5}_{-3} \times 10^{-23} \text{eV}$ Draco $m = 6^{+7}_{-2} \times 10^{-22} \text{eV}$ Sextans Cored! Cusp core ESO116-G012 F563-1 $M_{vir} = 10^{11} M_{\odot}$ - F563-V2 F568-V3 = E579.V/ $m_{22} = 2.5$ — NGC0024 NGC0247 Disputed: $\alpha = 3.0$ NGC1003 NGC3769 NGC4010 **FDN** NGC4183 Emily Kendall, Richard Easther (2019) NGC4559 - NGC6503 ···· UGC01230 ···· UGC05986 ···· UGC06917 ···· UGC06930 ···· IIGC06983 ···· UGC07399 100 101 102 r (kpc)

Lower bound on halo masses

Jeans mass: smallest structured formed

$$M_J = \frac{4\pi}{3}\rho \left(\frac{1}{2}\lambda_J\right)^3$$

No halos w/ $M_{halo} < 10^{18} M_{\odot}$

Missing satellites solved No too big to fail

Other interesting consequences:

- Dynamical friction
- Soliton bounds EHT
- Subhalo Mass Function for FDM



Gravitational Signatures and bounds

Interesting prediction

Interference



Interesting probe

Stellar streams



- DM properties encoded in variations density in stellar streams
- Opportunity to probe the nature of DM
- *Ibata et al. (2020):* at this stage, hard to disentangle DM signal. No evidence.

Future: **PFS**

Probing the quantum mechanical nature of FDM

Superfluid DM

Lasha Berezhiani and Justin Khoury (2016)

Goal:

- Large scales: DM behaves like standard particle dark matter.
- Galactic scales: DM forms a superfluid where collective macroscopic behavior leads to the modification of the dynamics at low accelerations.



On top of addressing the other challenges like fuzzy given the presence of a superfluid core.

MOND from phonons

L. Berezhiani and J. Khoury (2016)

EFT of superfluids
$$\mathcal{L} = P(X)$$
 $X = \dot{ heta} - m\Phi - rac{(
abla heta)^2}{2m}$

To describe non-relativistic MOND, it is imposed that:

$$P(X) = \frac{2\Lambda \left(2m\right)^{3/2}}{3} X \sqrt{|X|}$$

• Leads to an equation of state $P \sim \rho^3$.

To mediate the MONDian force, couple phonons to baryons:

$$\mathcal{L}_{int} \sim \frac{\Lambda}{M_{pl}} \, \theta \rho_b$$

Softly breaks shift symmetry

$$\Lambda = \sqrt{a_0 M_{pl}} \sim 0.8 \,\mathrm{meV}$$

MOND regime

- Newtonian limit: $|\vec{\nabla}\Phi| > 3 a_0$

- MOND limit: $|\vec{\nabla}\Phi| < 3 a_0$

Density profile

L. Berezhiani, B. Famaey, J. Khoury, 2017



Rotation curves

Low surface brightness

High surface brightness



$$R_{halo} = 57 \,\mathrm{kpc}$$

 $R_{Sf} = 40 \,\mathrm{kpc}$

58% of total mass of the halo

 $R_{halo} = 445 \,\mathrm{kpc}$ $R_{Sf} = 79 \,\mathrm{kpc}$

25% of total mass of the halo

Observational consequences of Sf DM

System	Behavior	
Rotating Systems		
Solar system	Newtonian	
Galaxy rotation curve shapes	MOND (+ small DM component making HSB curves rise)	
Baryonic Tully–Fisher Relation	MOND for rotation curves (but particle DM for lensing)	
Bars and spiral structure in galaxies	MOND	
Interacting Galaxies		
Dynamical friction	Absent in superfluid core See JCAP 1910 (2019) no.10, 074	
Tidal dwarf galaxies	Newtonian when outside of superfluid core	
Spheroidal Systems		
Star clusters	MOND with EFE inside galaxy host core — Newton outside of core	
Dwarf Spheroidals	MOND with EFE inside galaxy host core — MOND+DM outside of cor	
Clusters of Galaxies	Mostly particle DM (for both dynamics and lensing)	
Ultra-diffuse galaxies	MOND without EFE outside of cluster core	
Galaxy-galaxy lensing	Driven by DM enveloppe \implies not MOND	
Gravitational wave observations	As in General Relativity	

Vortices

Observational signature of superfluidity

Reveals quantum mechanical nature of superfluid

Superfluid cannot rotate uniformly. If the superfluid rotates faster than the critical vel.:

$$\omega_{cr} \sim \frac{1}{mR^2} \sim 10^{-41} \mathrm{s}^{-1}$$

$$\omega \sim \lambda \sqrt{G_N \rho_{halo}} \sim 10^{-18} \lambda \mathrm{s}^{-1}$$

Formation of vortices!

Observable? Need to solve the Gross-Pitaesvskii/Poisson equation system!





Markos Kay for Quanta Magazine



Superfluid DM Challenges for this model

Local Milky Way observations

High Energy Physics - Phenomenology

The Inconsistency of Superfluid Dark Matter with Milky Way Dynamics

Mariangela Lisanti, Matthew Moschella, Nadav Joseph Outmezguine, Oren Slone

(Submitted on 27 Nov 2019)

There are many well-known correlations between dark matter and baryons that exist on galactic scales. These correlations can essentially be encompassed by a simple scaling relation between observed and baryonic accelerations, historically known as the Mass Discrepancy Acceleration Relation (MDAR). The existence of such a relation has prompted many theories that attempt to explain the correlations by invoking additional fundamental forces on baryons. The standard lore has been that a theory that reduces to the MDAR on galaxy scales but behaves like cold dark matter (CDM) on larger scales provides an excellent fit to data, since CDM is desirable on scales of clusters and above. However, this statement should be revised in light of recent results showing that a fundamental force that reproduces the MDAR is challenged by Milky Way dynamics. In this study, we test this claim on the example of Superfluid Dark Matter. We find that a standard CDM model is strongly preferred over a static superfluid profile. This is due to the fact that the superfluid model over-predicts vertical accelerations, even while reproducing galactic rotation curves. Our results establish an important criterion that any dark matter model must satisfy within the Milky Way.

Comments: 6+5 pages, 2+4 figures

Subjects: High Energy Physics - Phenomenology (hep-ph); Cosmology and Nongalactic Astrophysics (astro-ph.CO); Astrophysics of Galaxies (astro-ph.GA)

Cite as: arXiv:1911.12365 [hep-ph]

(or arXiv:1911.12365v1 [hep-ph] for this version)



Ultra-Light Fields: Dark Energy

Fuzzy: Hlozek et al, 2015; Jiangang Kang et al. (2019)

Behaves like dark energy with $w\sim -1\,$ for

 $m_a < 10^{-32} \text{eV}$



0.001

0.010

0.100

 $H_0 t$



Superfluid DM: Unified Dark superfluid EF, G. Franzmann, J. Khoury, R. Brandenberger, 2018

Ground State

Atoms in these states interact!

Superfluid with two distinguishable states.

Phonons that propagate with different phases for each species

$$\mathcal{L} = P(X_1) + P(X_2) - \frac{M^4}{2} \left[1 + \cos\left(\frac{\theta_2 - \theta_1 + \Delta E t}{f}\right) \right]$$

$$\xrightarrow{1000}_{\substack{100\\ \frac{100}{\frac{100}$$

10

Summary

Model	Interaction	EoS	Superfluidity
SFDM	2-body	$P \sim n^2$	Yes
Superfluid DM	"3-body" $\rightarrow P(X)_{MOND}$	$P \sim n^3$	Yes
Fuzzy DM	$\lambda = 0$ (Grav. interaction)	"Quantum pressure"	No

- Class of DM models of ultra-light particles that condenses into a BEC or forms a superfluid on galactic scales
- Wave property of condensate core can suppress structures and modify the dynamics at small scales.
- Analogous to condensed matter system: motivation.
- Distinct observational signatures on small scales
 - Exciting place to probe DM! Just starting... PFS
- Ultra-light fields can also give behave like DE.
- Still much to do on the theory side as well.

Thank you