

# Axion detection using Helium-3

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# Abstract

Strong CP problem

Dark Matter



Hypothetical particle

**Axion**



Interacts with **nucleons** (e.g. neutrons, protons)

What we have shown

Axion-**neutron** interaction can be probed  
via a ferromagnetic phase of **superfluid  $^3\text{He}$**  + Evaluate application of  
**quantum measurement**

# Contents

## 1. Introduction

- Theory of axion
- Current status of axion detection
- Superfluid Helium-3

## 2. Method

- Magnon excitation by axion
- Mixing between magnon and cavity photon
- Quantum measurement techniques

## 3. Result

- Constraint on axion-neutron coupling by our method

# Axion

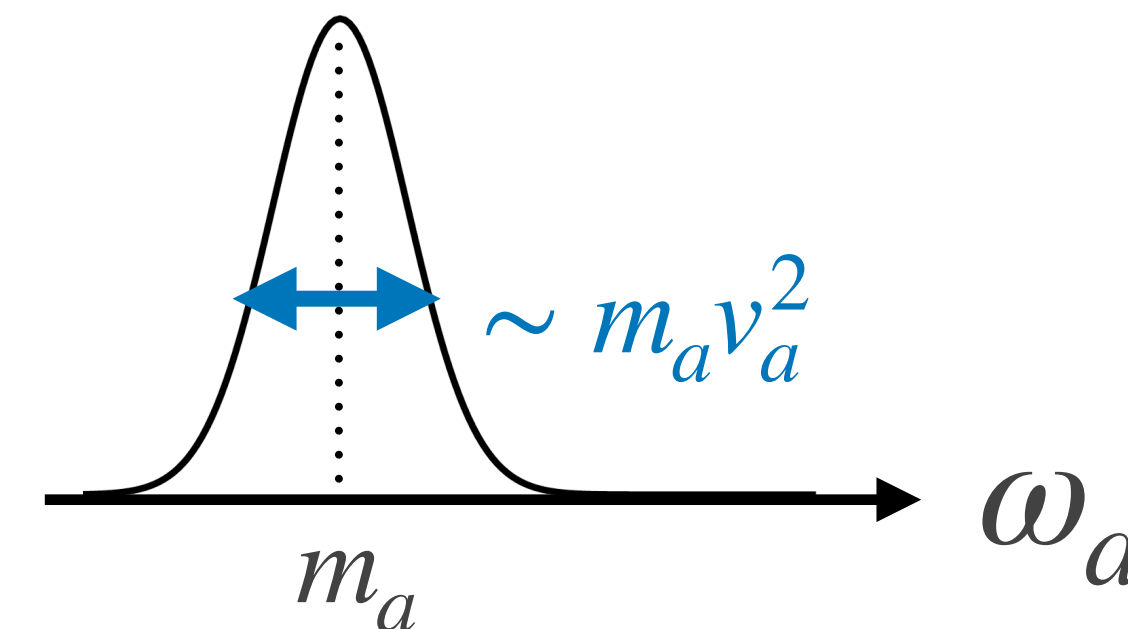
- Quantum chromodynamics (QCD) has a problem of unnaturalness
  - **Strong CP problem**
- This can be solved by introducing an additional symmetry  $U(1)_{PQ}$ 
  - Spontaneous symmetry breaking of  $U(1)_{PQ}$  generates a (pseudo-)Nambu-Goldstone boson = **Axion**
- Axion is also a candidate for **Dark Matter** (DM) because it has mass  $m_a$
- $m_a = O(1 - 10) \mu eV$  is favored for DM axion

# Axion as Dark Matter

- DM axion is non-relativistic and light ( $\sim \mu\text{eV}$ )
  - behaves like classical waves oscillating coherently

$$a(t, \vec{x}) = A \sin[\omega_a(t - \vec{v}_a \cdot \vec{x}) + \varphi]$$

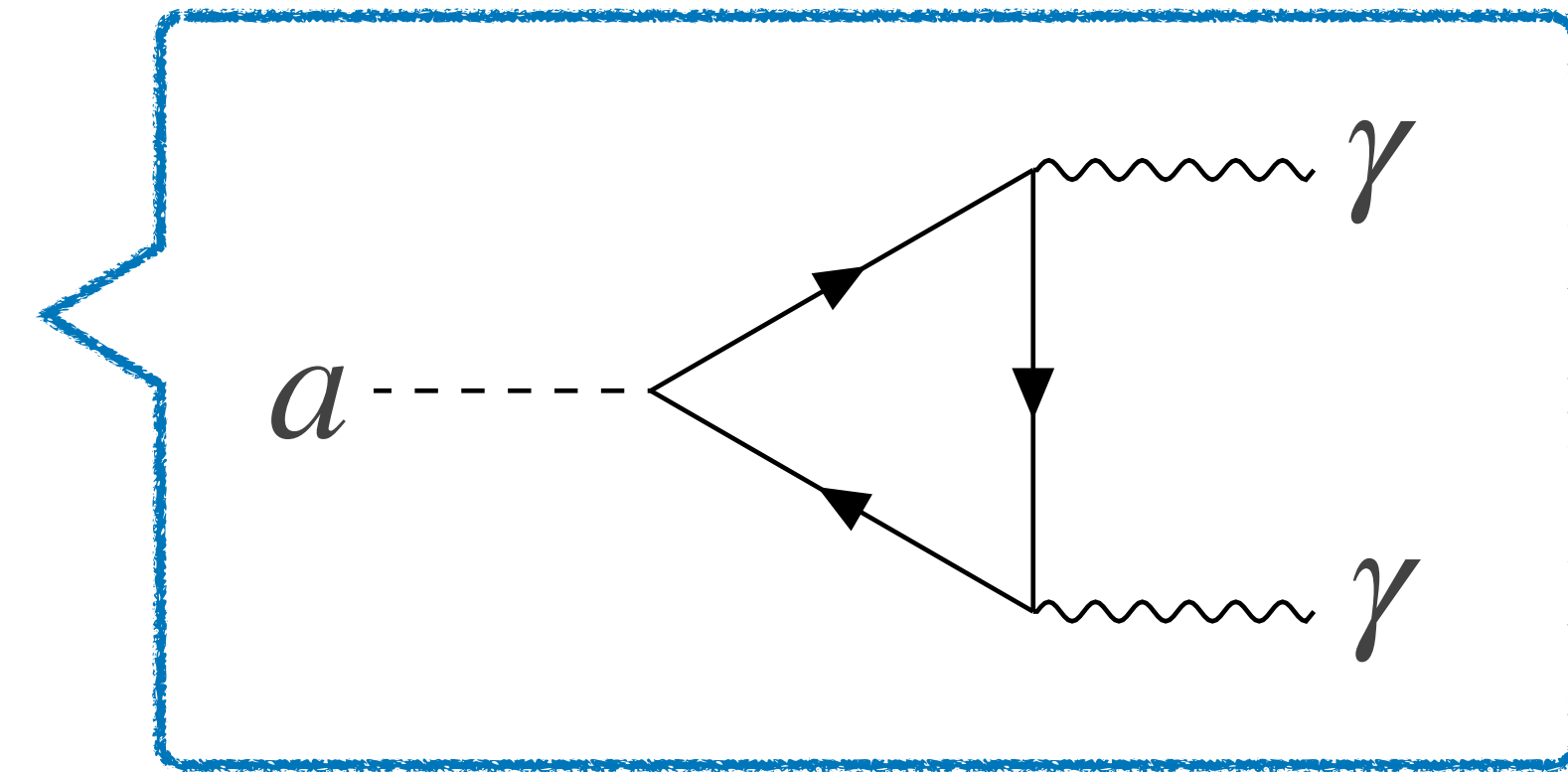
- Angular momentum:  $\omega_a \simeq m_a + m_a v_a^2/2 \simeq m_a$  ( $\because v_a \sim 10^{-3}$ )
- Coherence length  $\simeq (m_a v_a)^{-1} \sim \text{km} \gg$  typical laboratory size
- Coherence time  $\simeq (m_a v_a^2)^{-1} \sim \text{msec}$



# Interaction between axion and Standard Model particles

- Photon

$$-\frac{1}{4}g_{a\gamma\gamma}a\tilde{F}^{\mu\nu}F_{\mu\nu} = g_{a\gamma\gamma}a\vec{E} \cdot \vec{B}$$

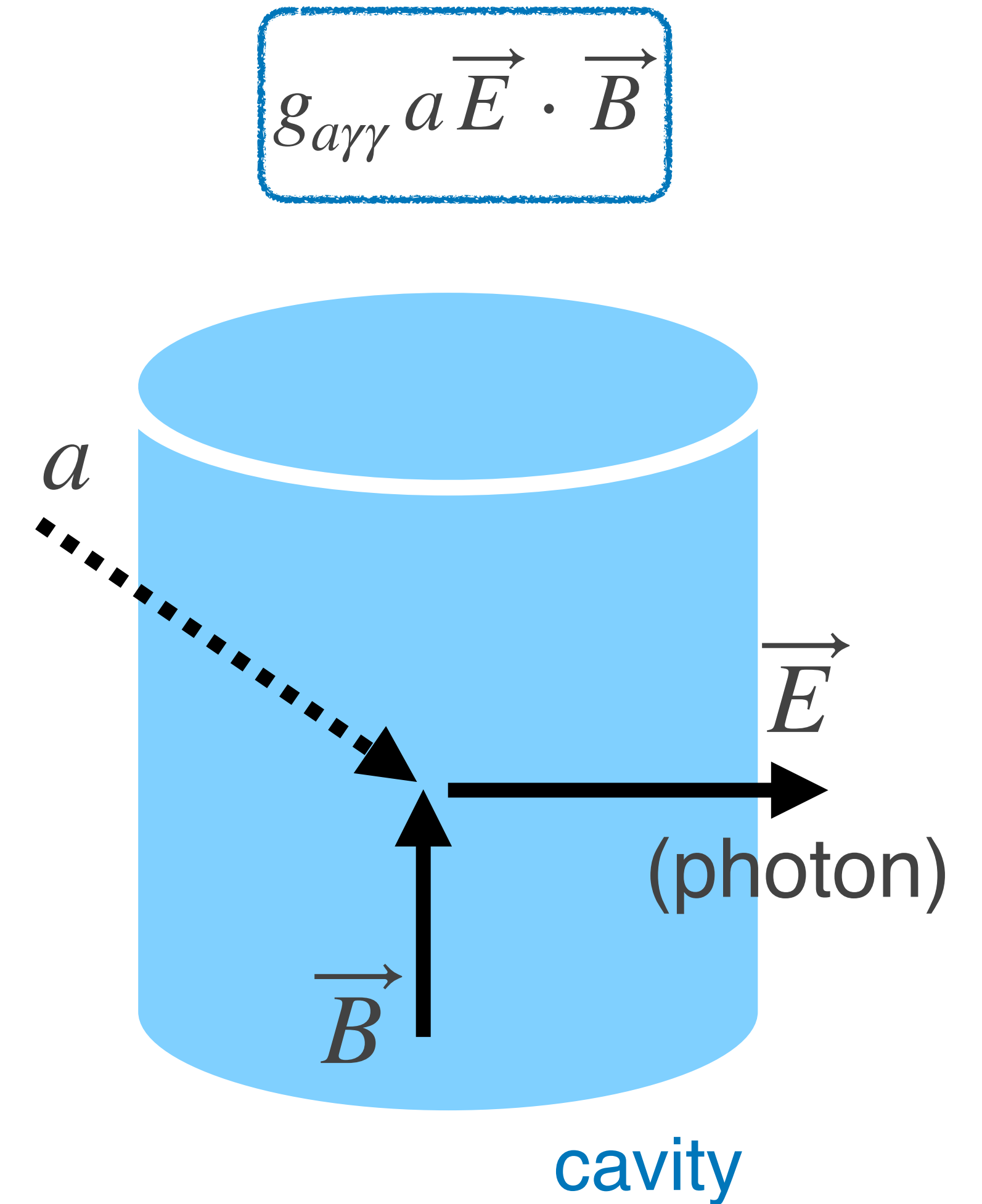
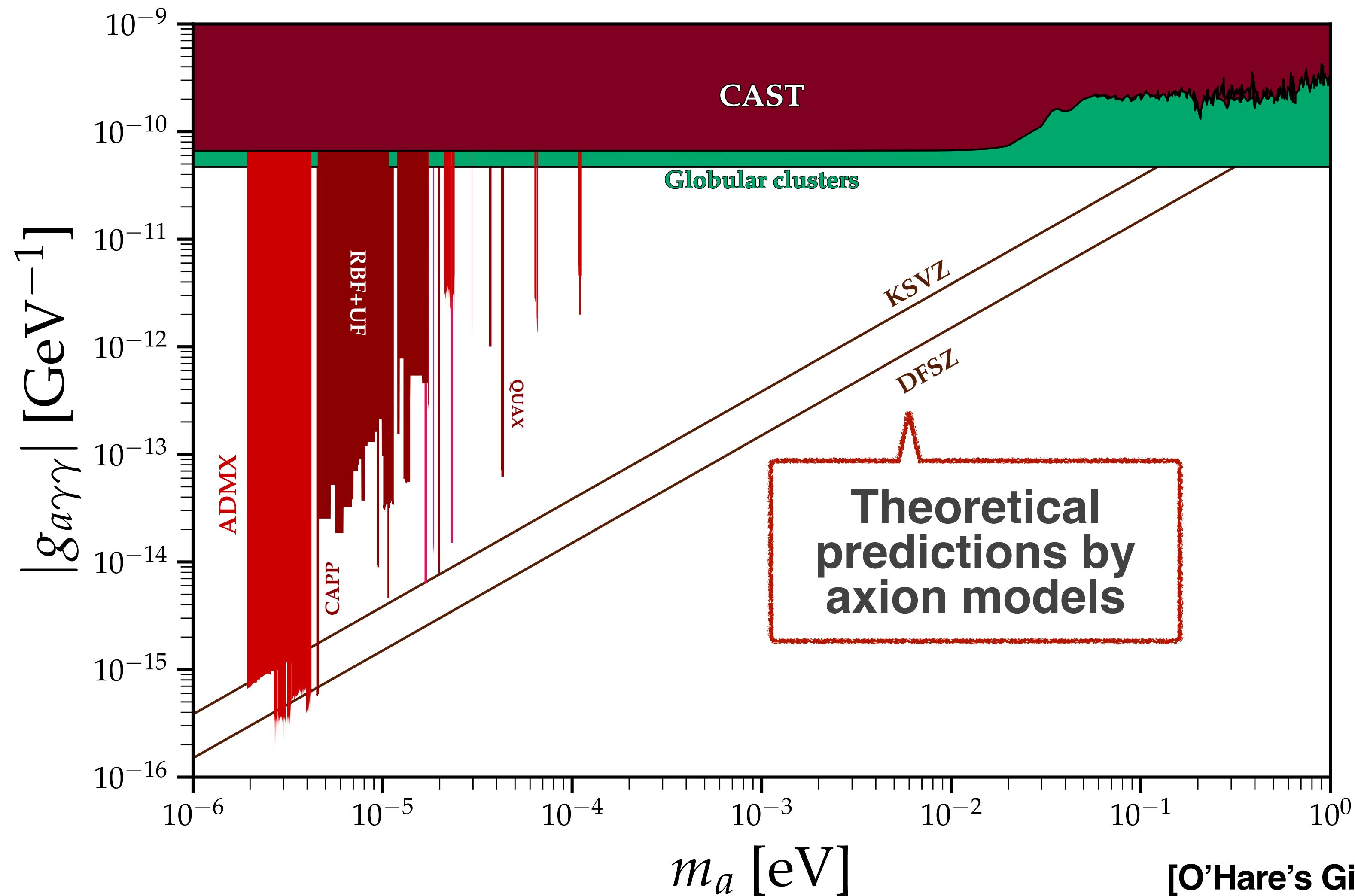


- Fermion

$$\frac{g_{aff}}{2m_f}(\partial^\mu a)\bar{\Psi}_f\gamma^\mu\gamma^5\Psi_f \xrightarrow{\text{non-relativistic limit}} -\frac{g_{aff}}{m_f}\vec{\nabla} a \cdot \vec{s}_f$$

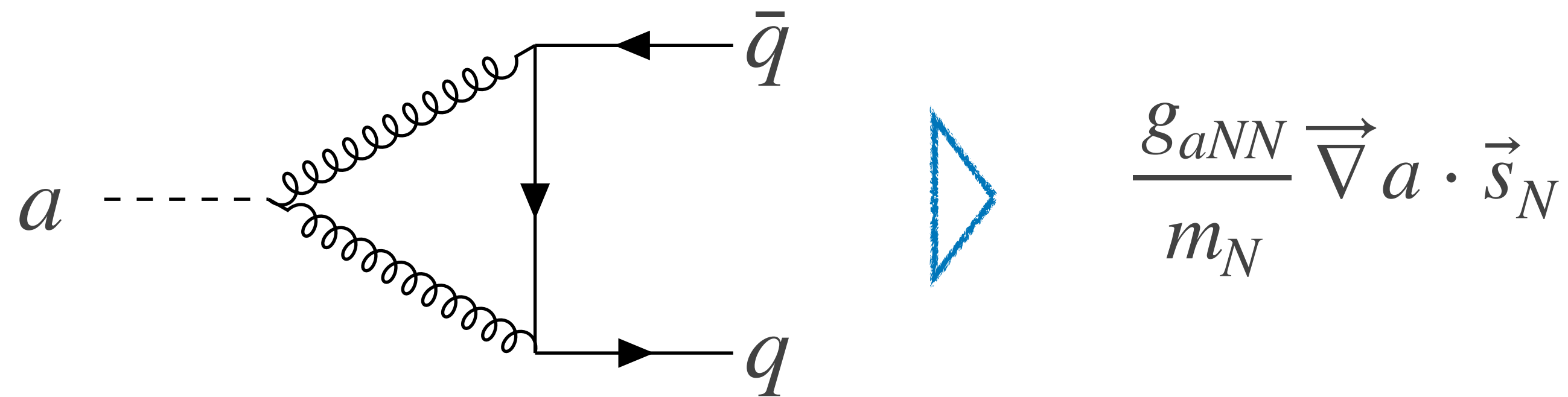
( $\vec{s}_f$  : spin of fermion  $f$ )

# Constraints on axion-photon coupling



# Axion-nucleon coupling

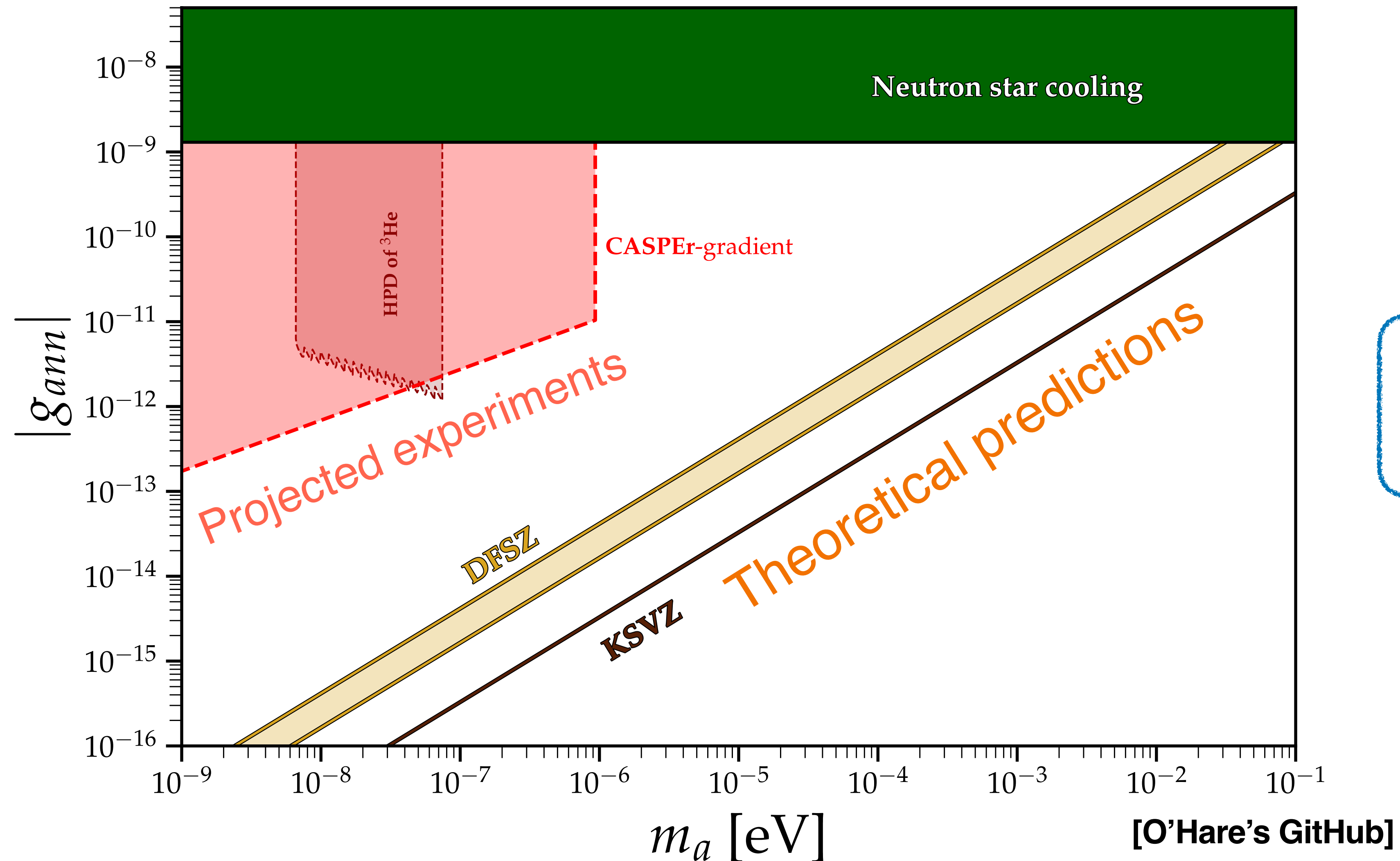
- Axion-**nucleon** coupling is an important property of axion



- ▶ Interaction with nucleons is crucial for axions, which is directly related to strong interaction
  - ▶ This coupling is **less model-dependent** than other couplings with photons or electrons
- However, axion-nucleon coupling has not been well probed



# Constraints on axion-neutron coupling



**We propose a new experiment  
to explore axion-**neutron** coupling  
using **superfluid Helium-3****

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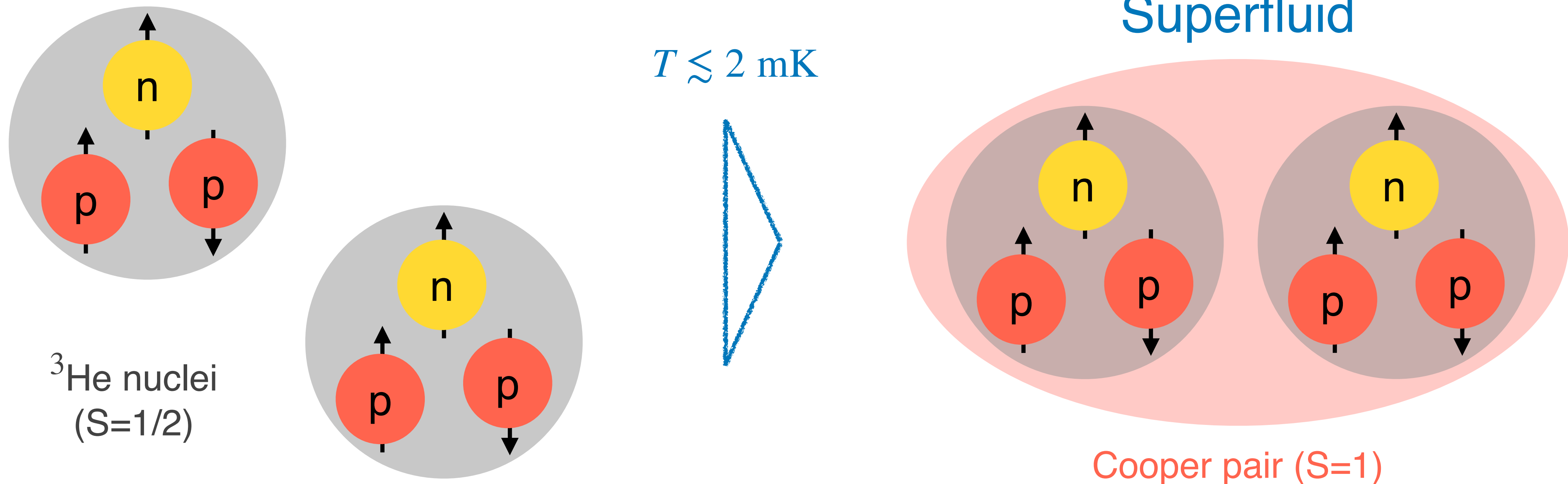
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# Superfluid Helium-3

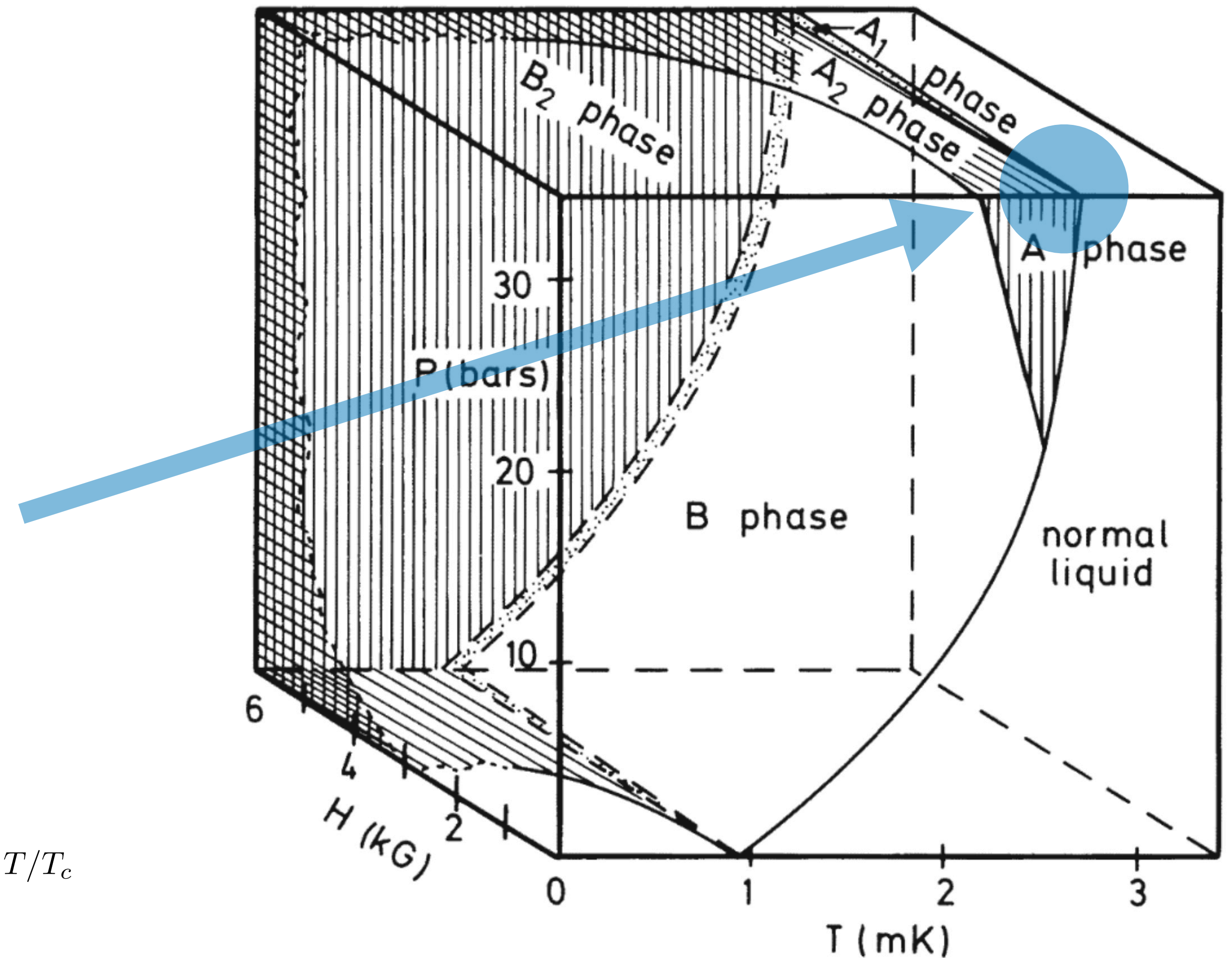
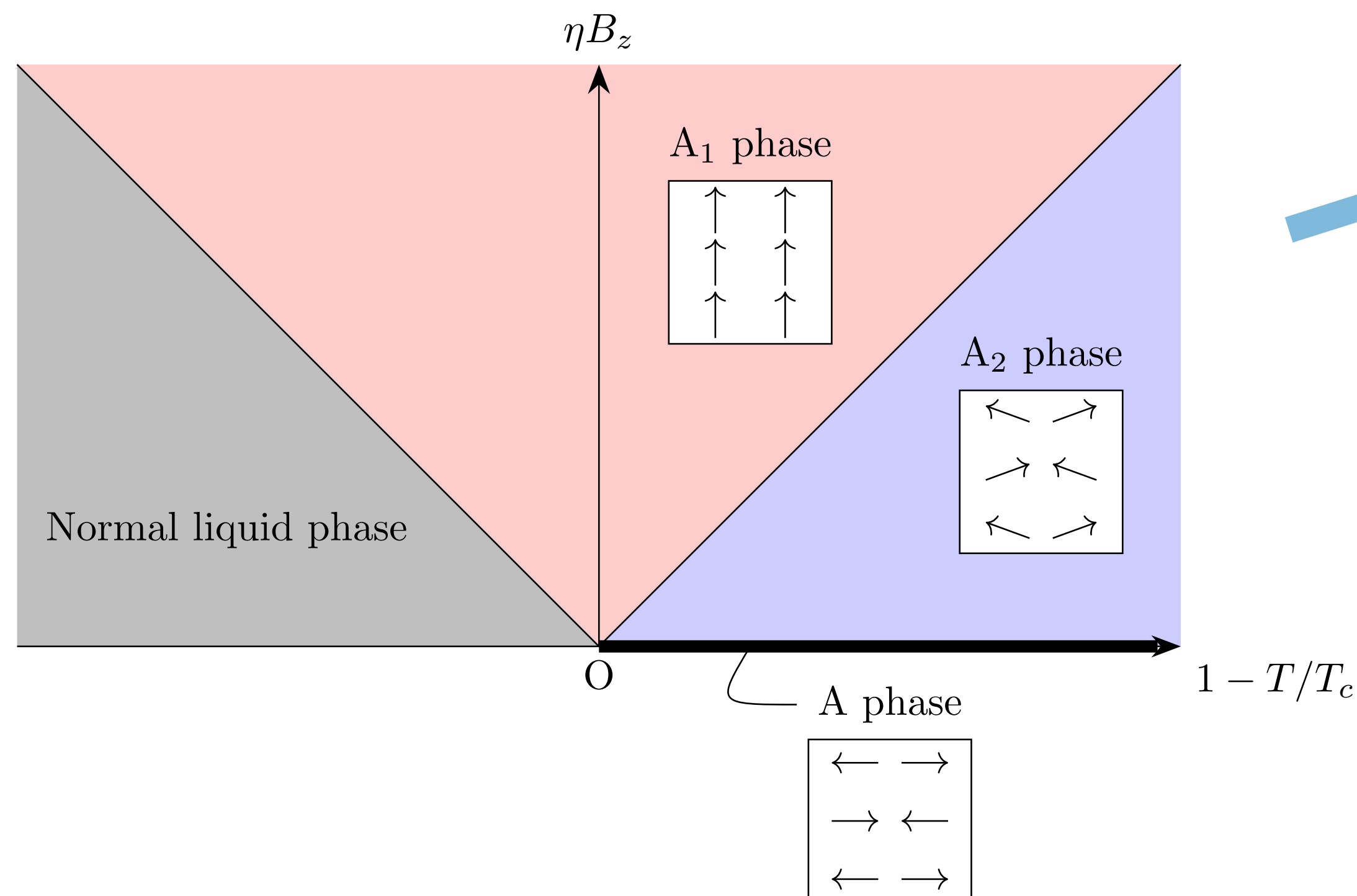


Spins of protons and electrons are canceled

- ▶ Interaction between axion &  $^3\text{He} \simeq$  interaction between axion & **neutron**

# A1 phase of superfluid $^3\text{He}$

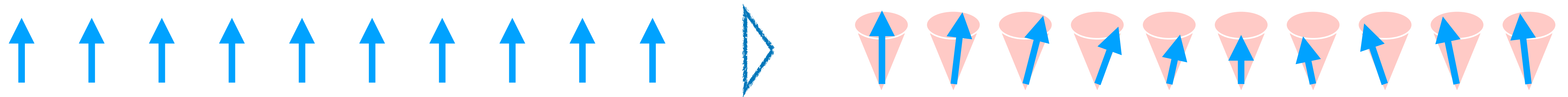
- **Ferromagnetic** for nuclear spin
  - Spin polarization  $\sim$  few %
- has a **magnon** mode



[D. Vollhardt, P. Wölfle and R.B. Hallock (1990)]

# Magnon

- Quasiparticle (collective excitation) of the spin structure



- Example: ferromagnet

- ▶ Ground state  $\langle S_z \rangle \neq 0$

$\Leftrightarrow$  spin-rotation symmetries along  $x, y$  axes are spontaneously broken

- ▶ Two broken generators  $S_x$  and  $S_y$ :  $\langle [S_x, S_y] \rangle \propto \langle S_z \rangle \neq 0$

- ▶ One “Type-B” Nambu-Goldstone mode = gapless **magnon** mode

[Watanabe & Murayama (2012), Hidaka (2013)]

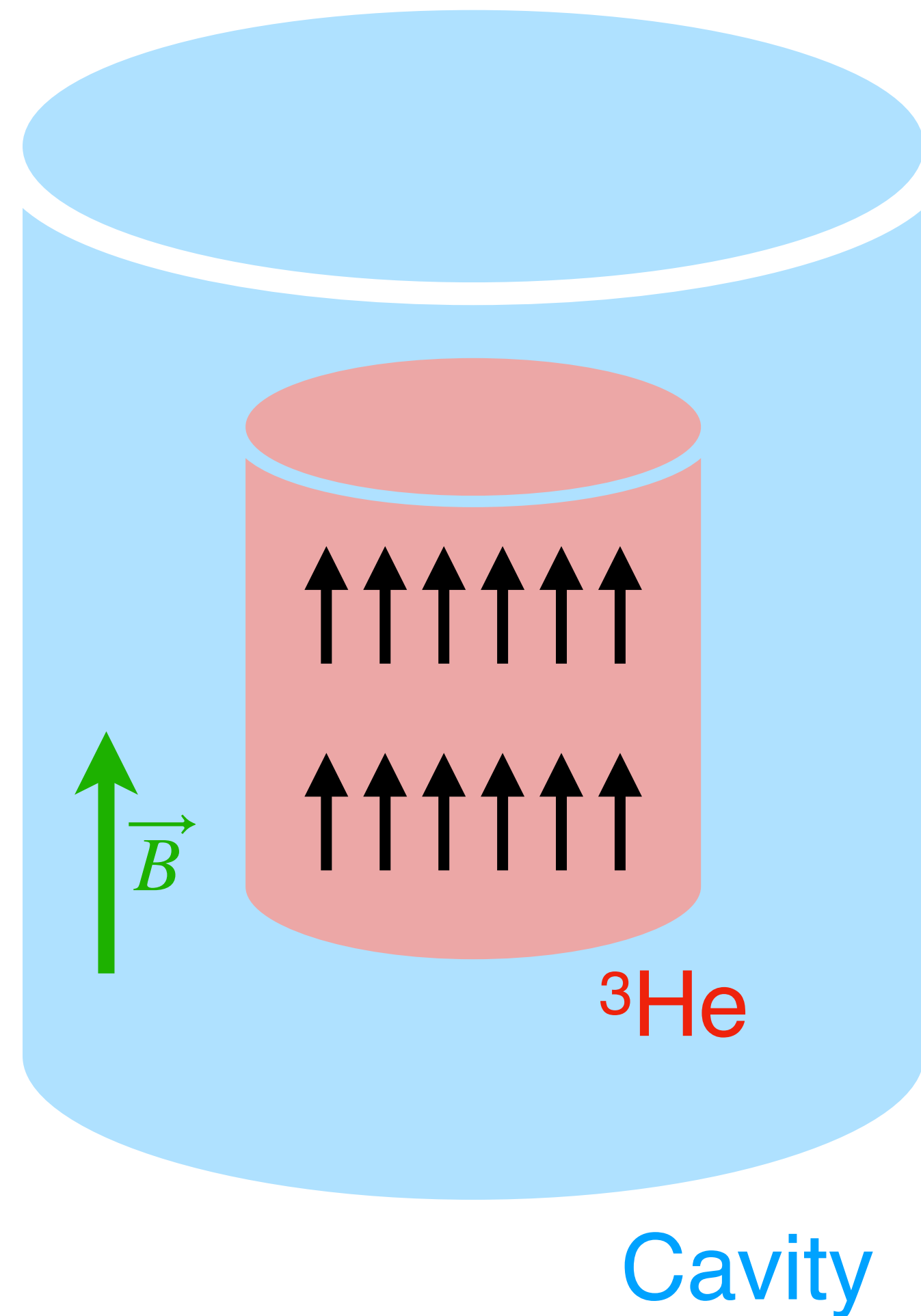
- ▶ External magnetic fields induce energy gap  $\omega_L \equiv \gamma B_z$  (Larmor frequency)

# Magnon excitation by axions

$$\frac{g_{ann}}{m_n} \vec{\nabla} a \cdot \vec{s}_n$$

- Axion-neutron interaction induces (homogeneous) **magnon** modes
  - ▶ Resonantly enhanced when  $m_a = \text{magnon energy gap}$
- Larmor frequency of  ${}^3\text{He}$  :  $\omega_L \simeq 1.3 \mu\text{eV} \left( \frac{B_z}{10 \text{ T}} \right)$ 
  - ▶ By scanning magnetic fields of  $O(10) \text{ T}$  , axions with  $\mu\text{eV}$  mass can be probed using the resonance

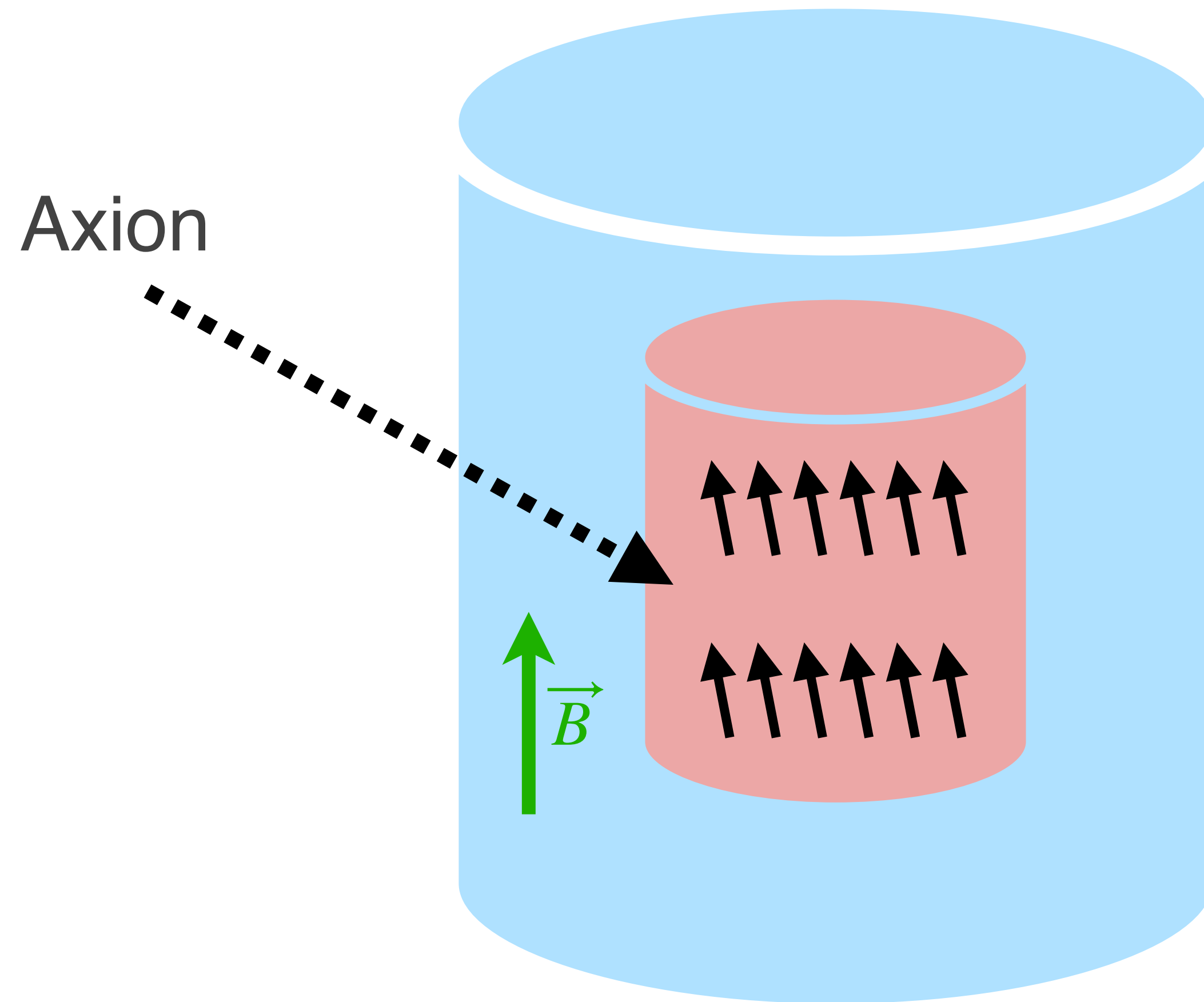
# Experimental setup



1. Put a superfluid  $^3\text{He}$  sample in a cavity
2. Apply a magnetic field to align nuclear spins



# Experimental setup



1. Put a superfluid  $^3\text{He}$  sample in a cavity
2. Apply a magnetic field to align the nuclear spins
3. Axion excites “magnon” modes

# How to detect magnons

$$\gamma \vec{S}_n \cdot \vec{B}_{\text{cav}}$$

- **Magnon modes** mix with **cavity photons** through interaction between **nuclear spins** and **magnetic fields**

- ▶ “magnon polariton”

- Mixing is maximized when

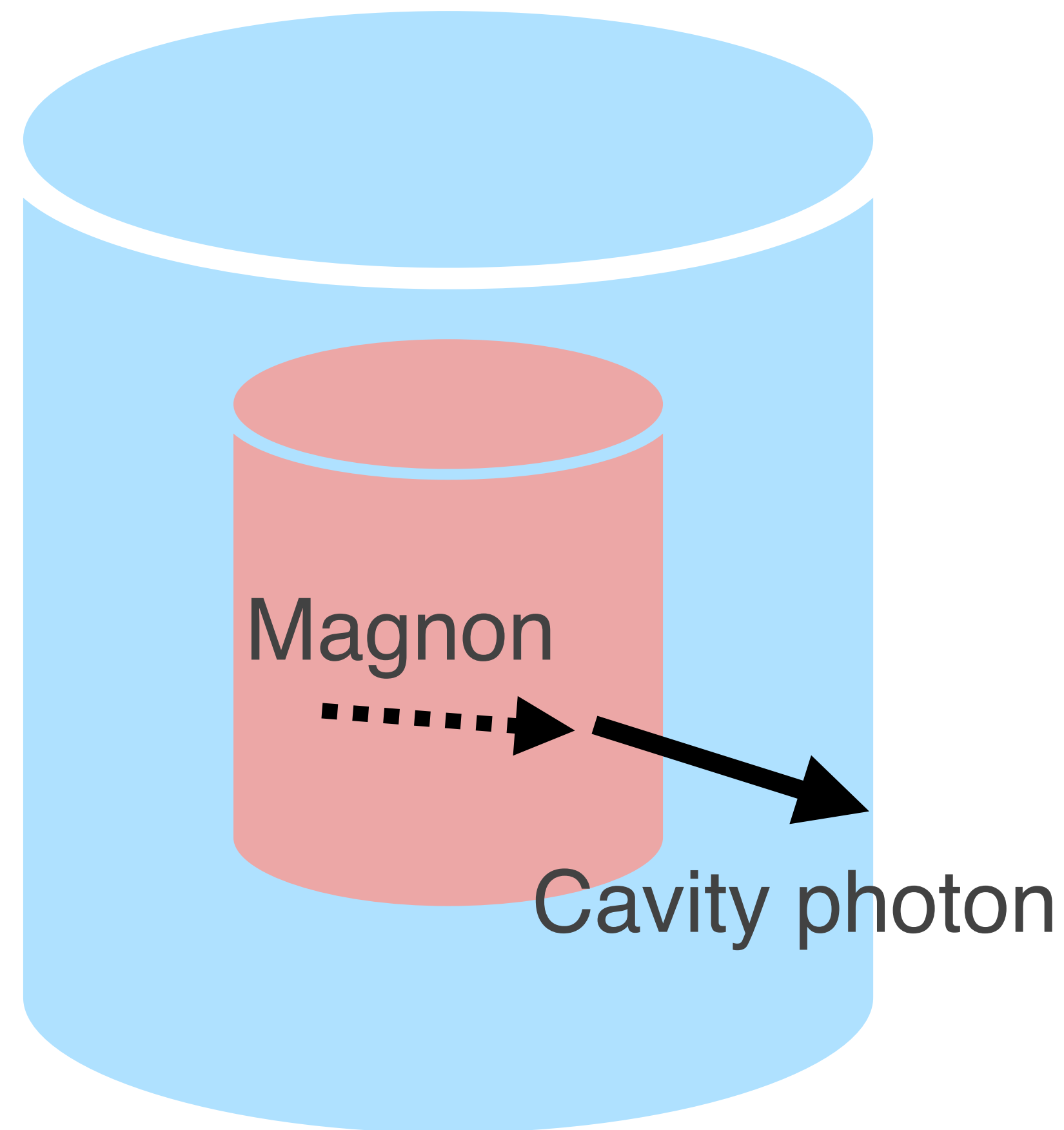
$$\text{Larmor frequency } \omega_L = \text{cavity frequency } \omega_{\text{cav}}$$

- ▶ Scan  $\omega_L$  and  $\omega_{\text{cav}}$  with  $\omega_L = \omega_{\text{cav}} = \mathcal{O}(1) \mu\text{eV}$

- Typical size of cavity

$$2\pi/\omega_{\text{cav}} \simeq 1.2 \text{ m } (m_a/\mu\text{eV})^{-1}$$

# Experimental setup



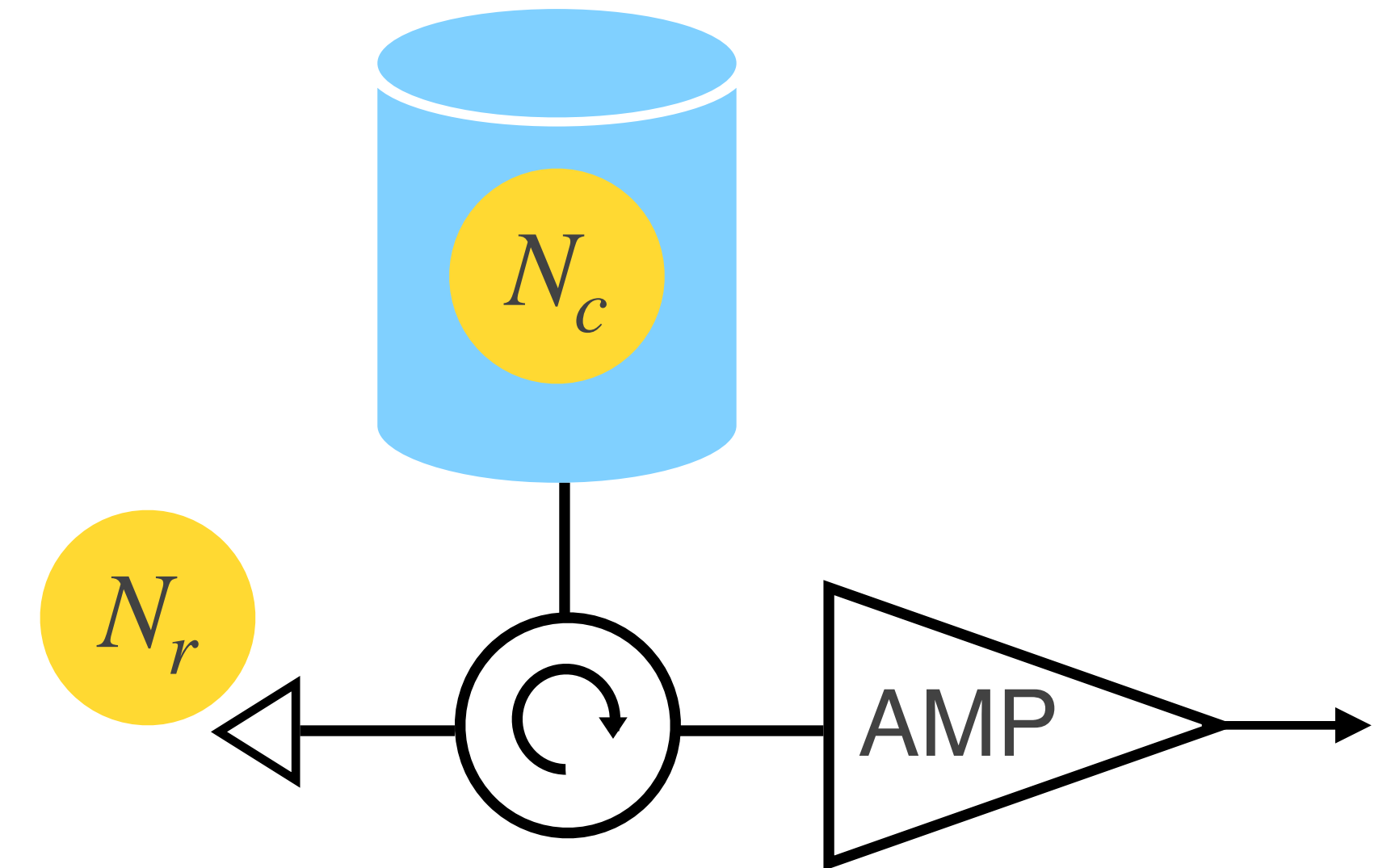
1. Put a superfluid  $^3\text{He}$  sample of the A1 phase in a cavity
2. Apply a magnetic field to align the nuclear spins
3. Axion excites “magnon” modes
4. Magnons mix with cavity photons
5. Amplify and measure the signal (cavity photons)

# Thermal noise

- Internal loss of cavity  $N_c$
- From termination resistor  $N_r$

$$N_c, N_r \sim \frac{1}{\exp(\hbar\omega/k_B T) - 1} + \boxed{\frac{1}{2}}$$

Quantum fluctuation



- ▶ For  $\hbar\omega = 1 \mu\text{eV}$ , thermal noises  $N_c$  and  $N_r$  saturate at the quantum fluctuation when  $T \lesssim 10 \text{ mK} = \text{quantum limit}$
- Typical temperature of our experiment  $\sim \text{mK}$ 
  - ▶ Quantum fluctuation dominates thermal noises

# Quantum measurement techniques

- Circumvent quantum noise by quantum measurement techniques
- Quadratures

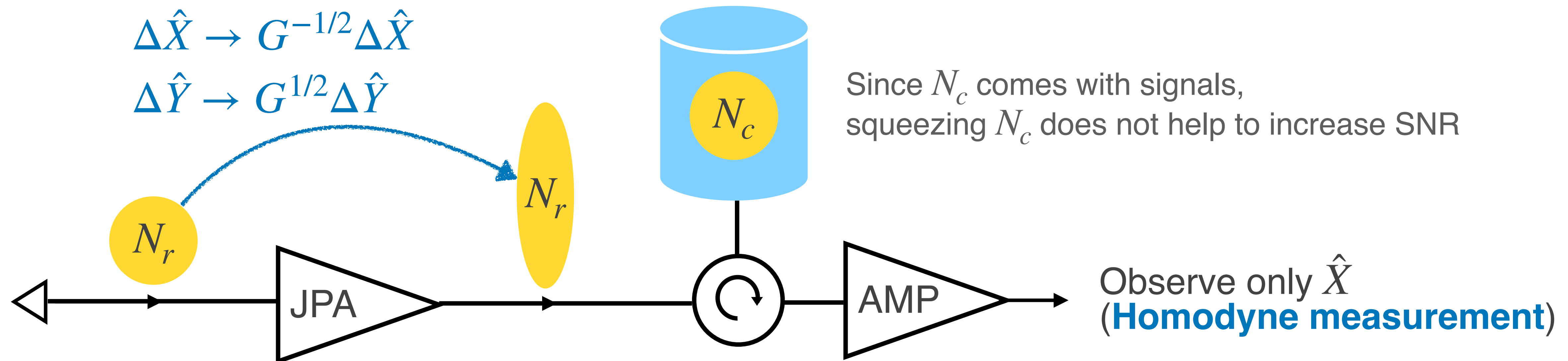
$$\hat{X} = \frac{\hat{a} + \hat{a}^\dagger}{\sqrt{2}}, \quad \hat{Y} = \frac{\hat{a} - \hat{a}^\dagger}{\sqrt{2}i} \quad \triangleright \quad [\hat{X}, \hat{Y}] = i \quad \triangleright \quad (\Delta\hat{X})(\Delta\hat{Y}) \geq \frac{1}{4}$$

- ▶ Usually, we measure #photons by observing  $\hat{X}$  and  $\hat{Y}$  simultaneously
- ▶ Quantum noise  $\Delta\hat{X} \sim \Delta\hat{Y} \sim 1/2$  becomes dominant in low temperature
- By imposing quantum fluctuation to  $\hat{Y}$  and observing only  $\hat{X}$ , we can measure photon signals with quantum fluctuation less than  $1/2$

# Squeezing

## Josephson Parametric Amplifier (JPA)

- ▶ can reduce quantum fluctuation of one quadrature while maintaining uncertainty relationship



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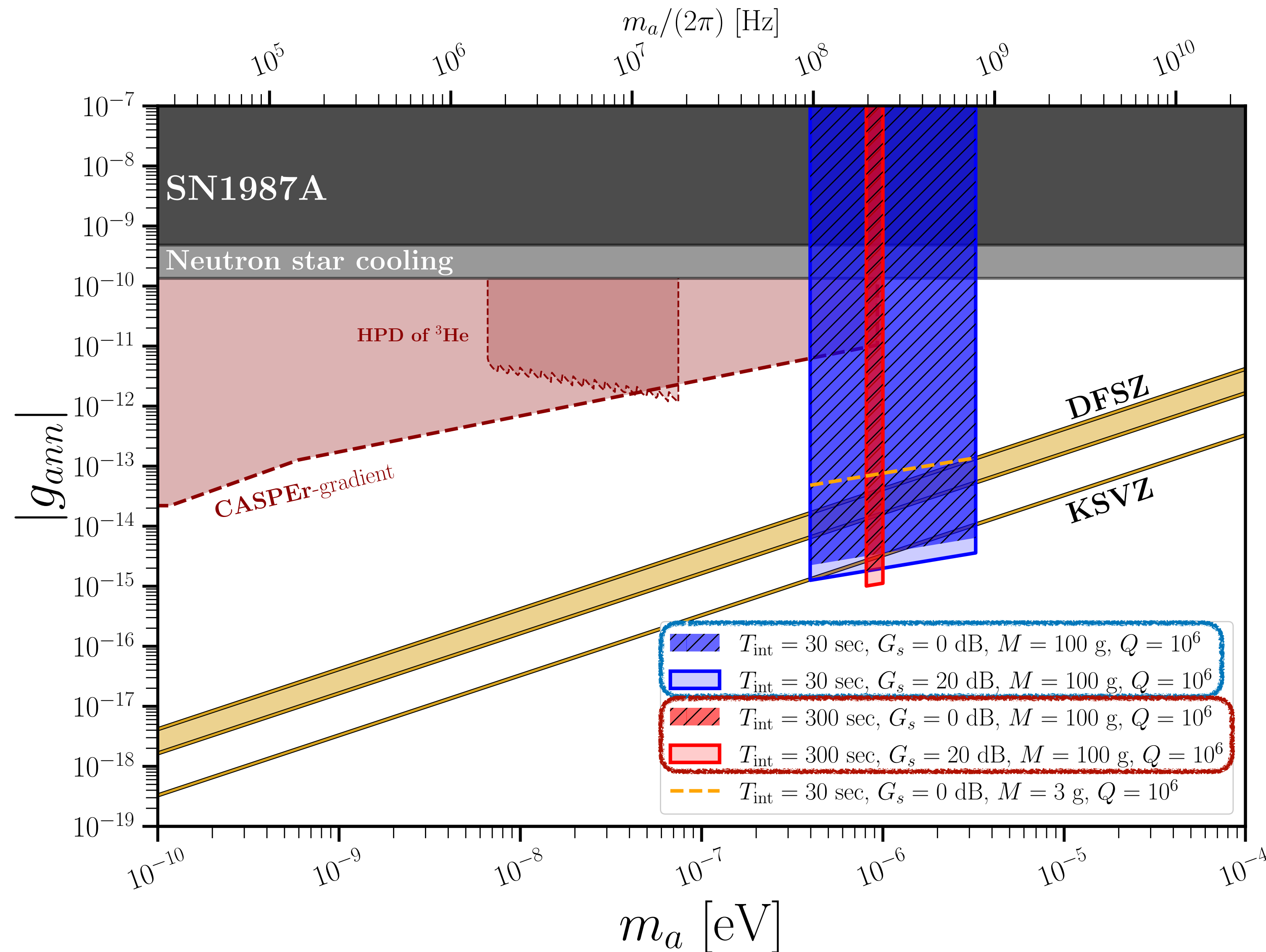
# Bench mark setups

- Total observation time: 2 years
- Axion is 100% Dark Matter
- Cavity quality factor:  $Q = 10^6$

	Integration time for each scan $T_{\text{int}}$	Magnetic field	Squeezing parameter $G_s$	Helium mass $M_{\text{3He}}$
<b>Ideal</b>	30 sec	3.1 - 25 T	0 or 20 dB	100 g
<b>Targeting</b>	300 sec	6.2 - 7.7 T	0 or 20 dB	100g
<b>Realistic</b>	30 sec	3.1 - 25 T	0 dB	3 g



# Result: 95% exclusion limit



Ideal w/o & w/ squeezing

Targeting w/o & w/ squeezing

Realistic

# Comparison with other axion-neutron coupling experiments

- **CASPEr-gradient**

- ▶ detects spin precession of liquid Xenon-129 induced by axion

- ▶  $\gamma_{129\text{Xe}} \simeq 0.37 \gamma_{3\text{He}}$   needs **larger magnetic fields** than  $^3\text{He}$  case

- **Homogeneous Precession Domain of superfluid  $^3\text{He}$**  [Gao et al. (2022)]

- ▶ uses **B2** phase, which exists for  $B \lesssim 0.5 \text{ T}$

- ▶ sensitive only to axion with  $m_a \lesssim 0.07 \mu\text{eV}$

$$\omega_L \simeq 1.3 \mu\text{eV} \left( \frac{B_z}{10 \text{ T}} \right)$$

- By using **A1** phase of  $^3\text{He}$ , we can detect  $\mu\text{eV}$  axion with realistic magnetic fields!

# Summary

- Axion is a fascinating particle since it can solve the strong CP problem and also be a candidate for Dark Matter
- Axion-photon coupling has been well explored, but not for nucleon coupling
- We have shown that axion-neutron coupling can be probed by using magnons in **A1 phase** of **superfluid helium-3**
  - ▶ sensitive to  $\mu eV$  axion, which is favored for Dark Matter axion
  - ▶ can explore heavier mass regions than experiments which use  $^{129}\text{Xe}$  or B2 phase of  $^3\text{He}$
- We also quantitatively evaluated enhancement of sensitivity by **squeezing**

# Back up

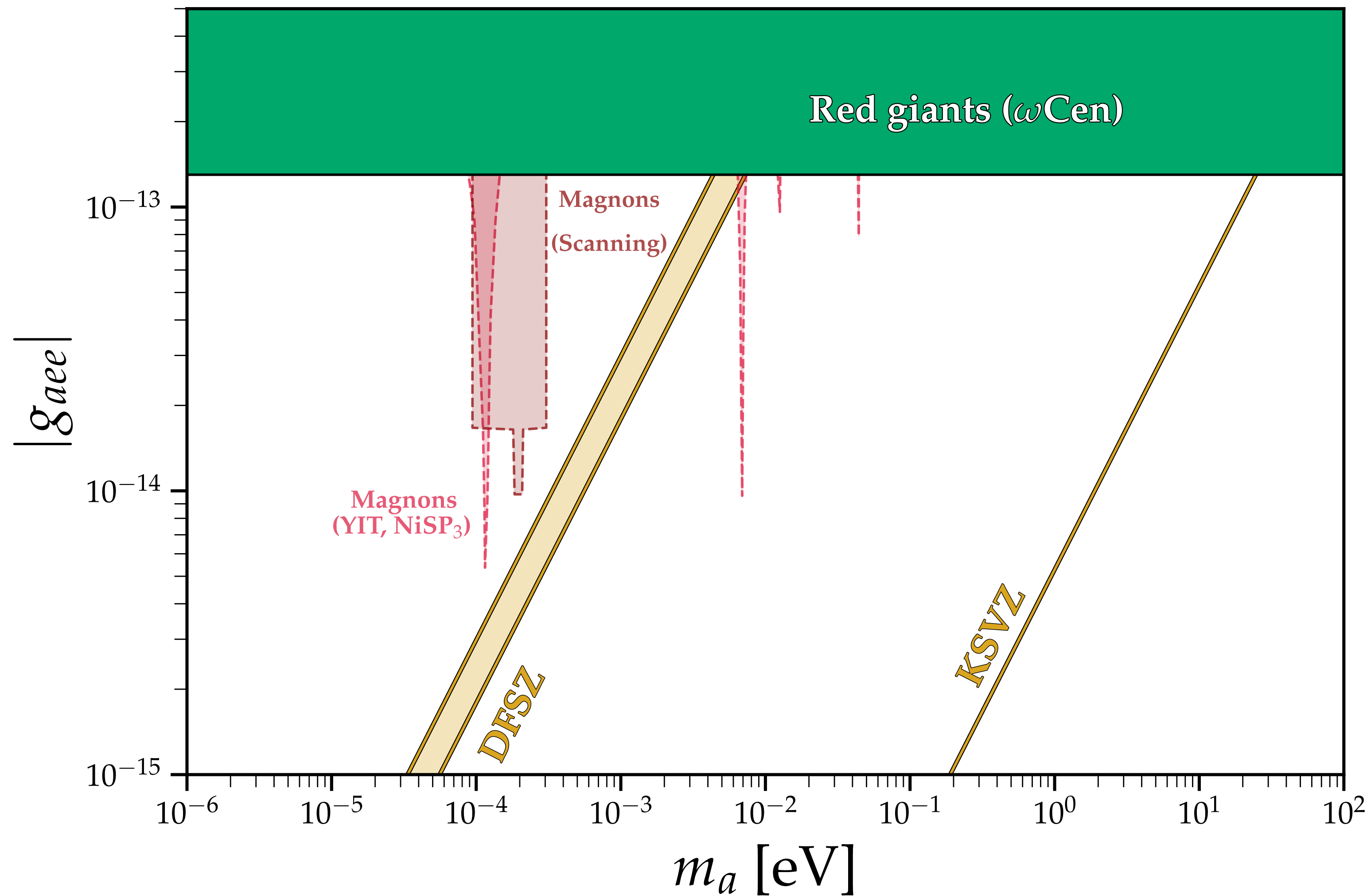
# Model dependence of axion-photon coupling

- Axion-photon coupling

$$g_{a\gamma\gamma} = \frac{\alpha}{2\pi f_a} \left( \frac{E}{N} - \frac{2}{3} \frac{4m_d + m_u}{m_d + m_u} \right)$$

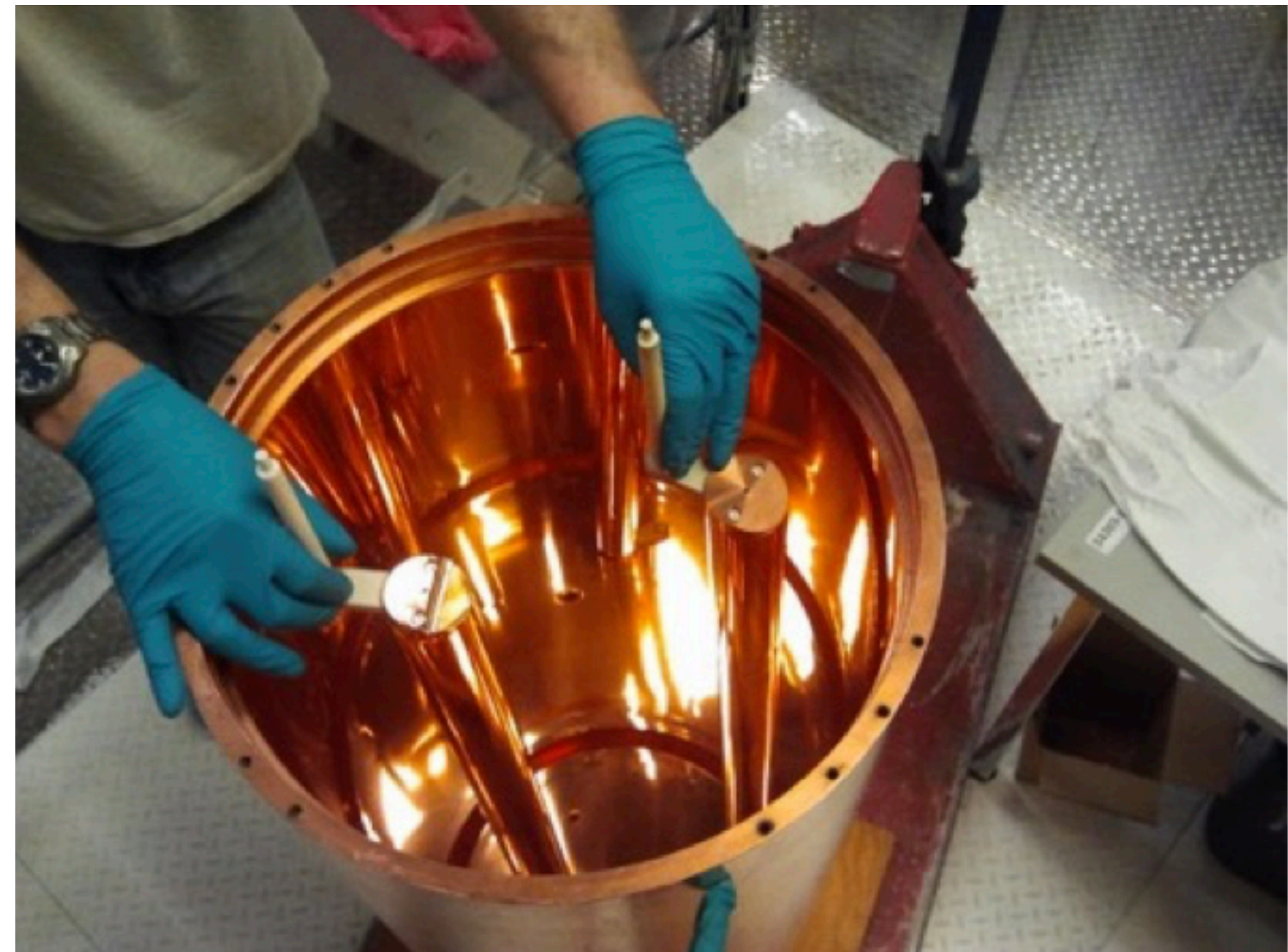
- Highly depends on electromagnetic (color) anomaly coefficient  $E$  ( $N$ )
  - ▶ KSVZ:  $E/N = 0$
  - ▶ DFSZ:  $E/N = 8/3$
  - ▶  $E/N$  can take arbitral value in general

# Axion-electron coupling



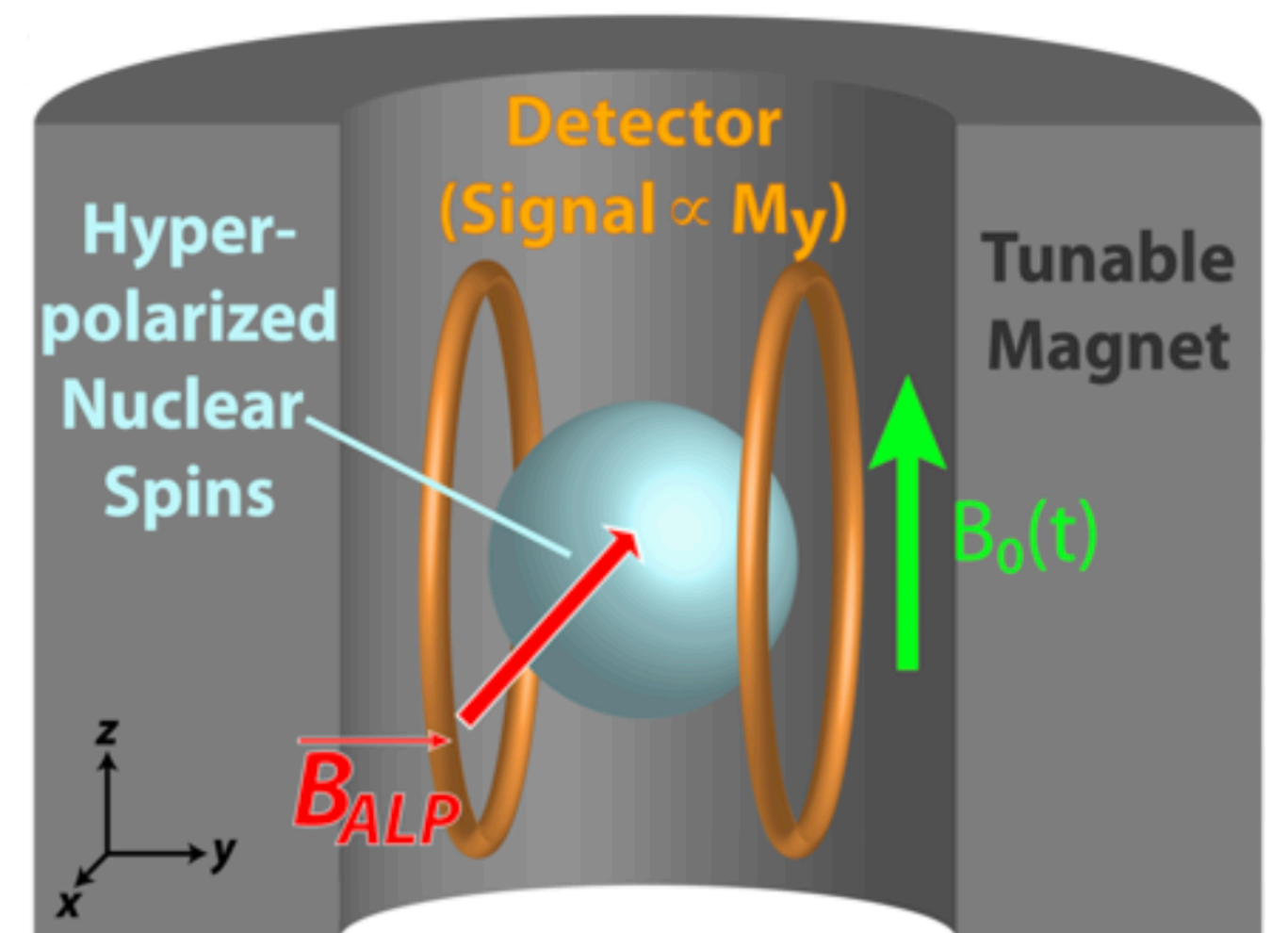
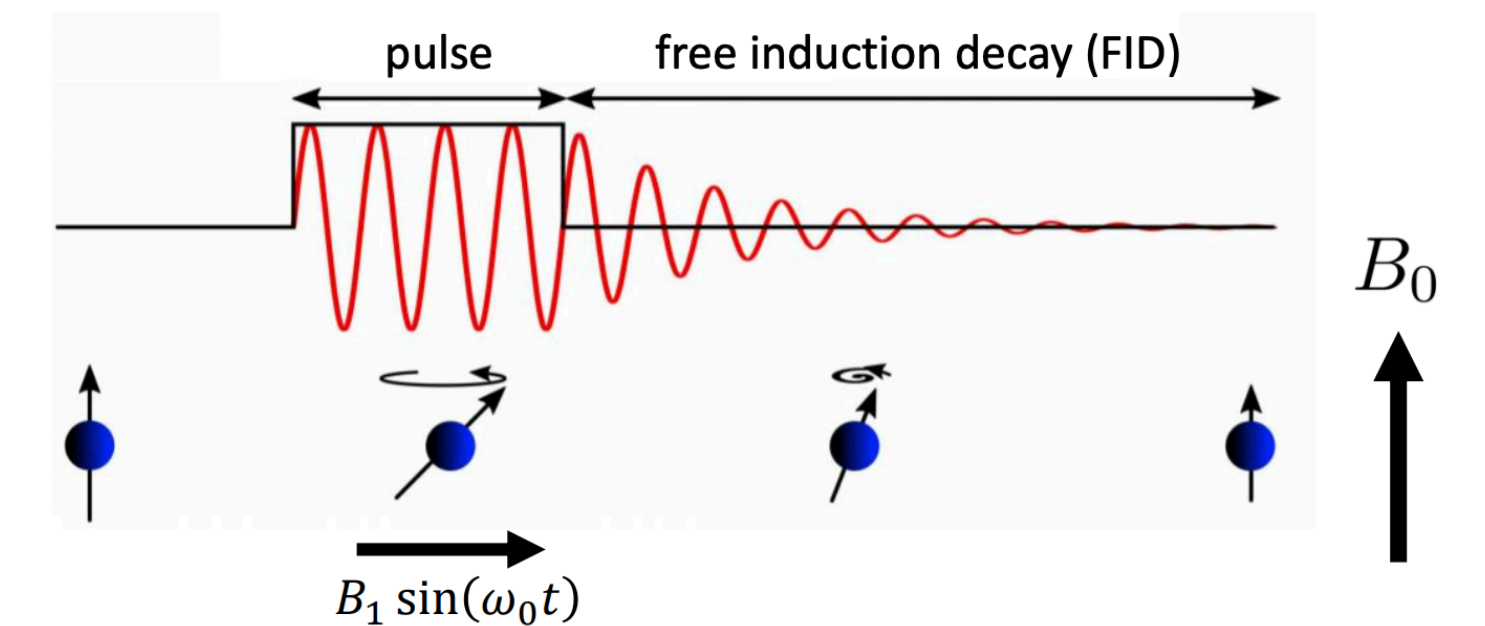
# ADMX

- Temperature inside cavity: 0.1 K
- Superconducting magnet  $> 7.5$  T
- Cavity volume: 140 L
- Cavity quality factor:  $\sim 10^5$
- Tune cavity frequency by moving “rods” inside cavity



# CAPSEr-gradient

- Spin precession induced by axion is measured by magnetic sensor
- Hyperpolarization
  - ▶ Increase spin polarization of  $^{129}\text{Xe}$  by exchanging electron spins of Rb excited by laser light with nuclear spins of  $^{129}\text{Xe}$
  - ▶ Spin polarization  $\sim 10^{-5}$  at thermal equilibrium (1 T, 300 K) can be increased to  $\sim 50\%$
  - ▶ Currently  $\sim 11\%$  polarization achieved under 0.2 T magnetic field



[Budger group]



## HPD of Helium-3 [Gao et al. (2022)]

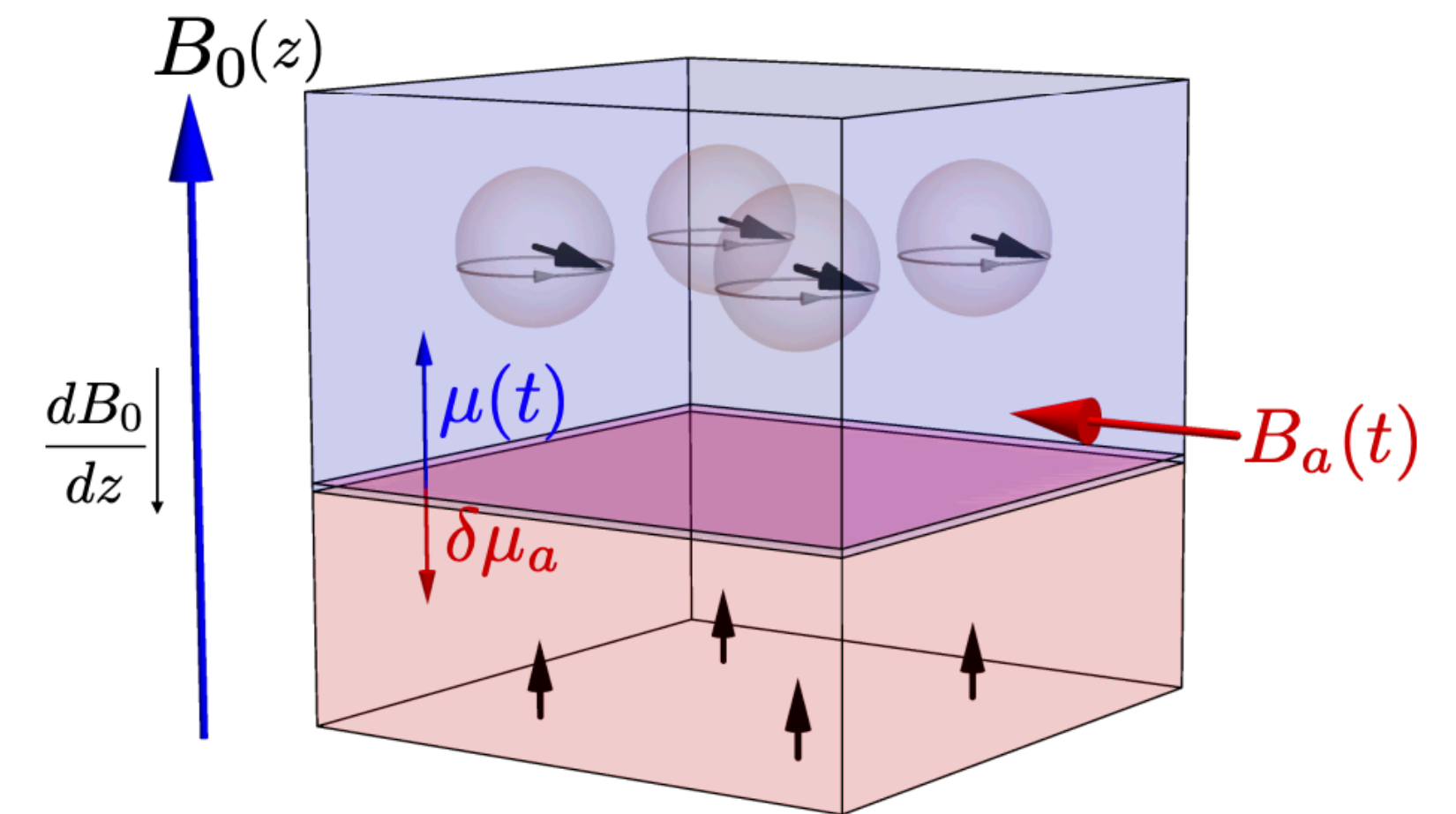
- B2 phase of superfluid  $^3\text{He}$  = Homogeneous Precession Domain (HPD)

- ▶ Nuclear spins uniformly precess at

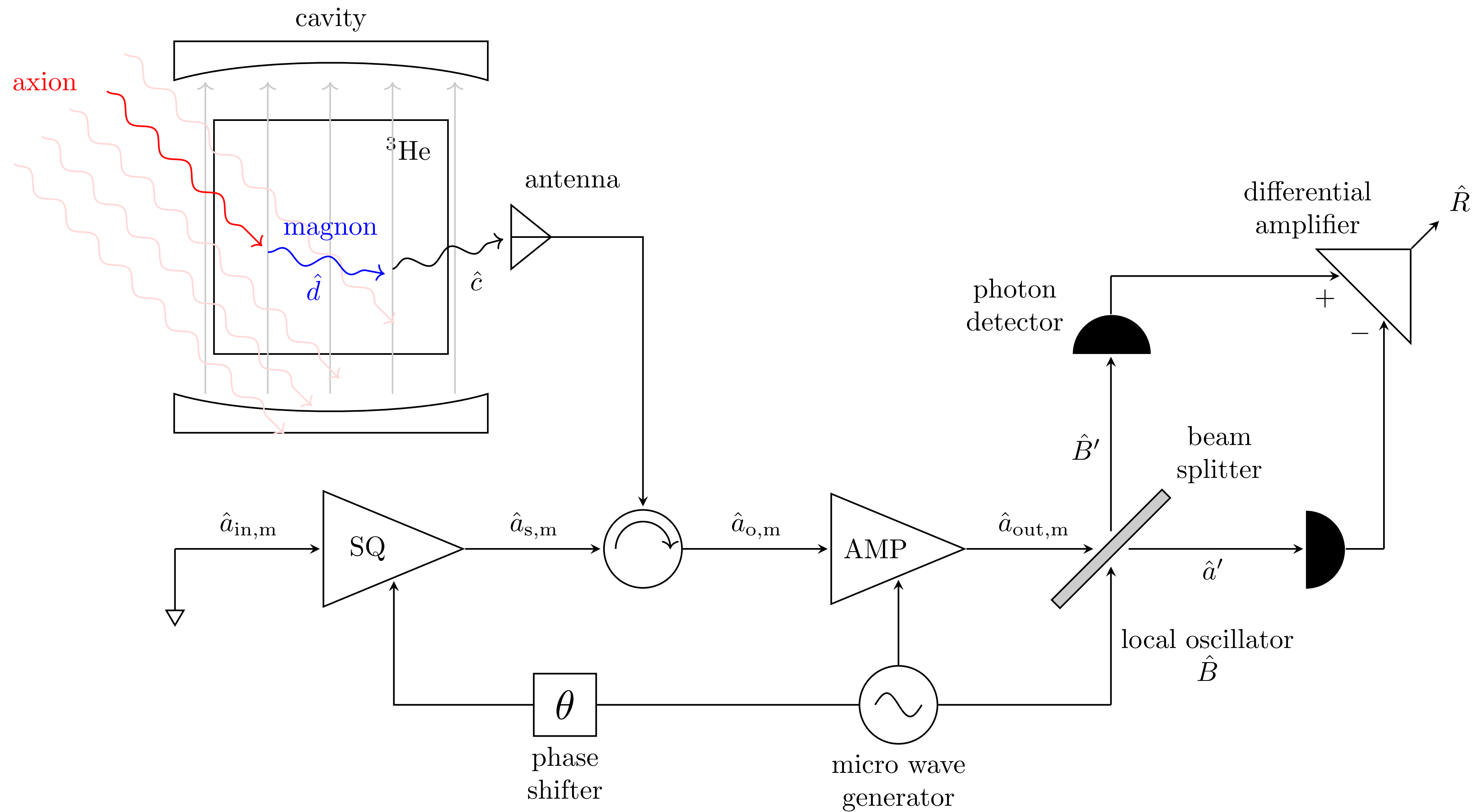
$$\omega_L \simeq 1.3 \mu\text{eV} \left( \frac{B_z}{10 \text{ T}} \right)$$

- ▶ Measure a shift of precession frequency induced by axion

- ▶ Since the B2 phase exist only under  $B_z \lesssim 0.55 \text{ T}$ , this experiment is sensitive to axion with mass  $m_a \lesssim 0.07 \mu\text{eV}$

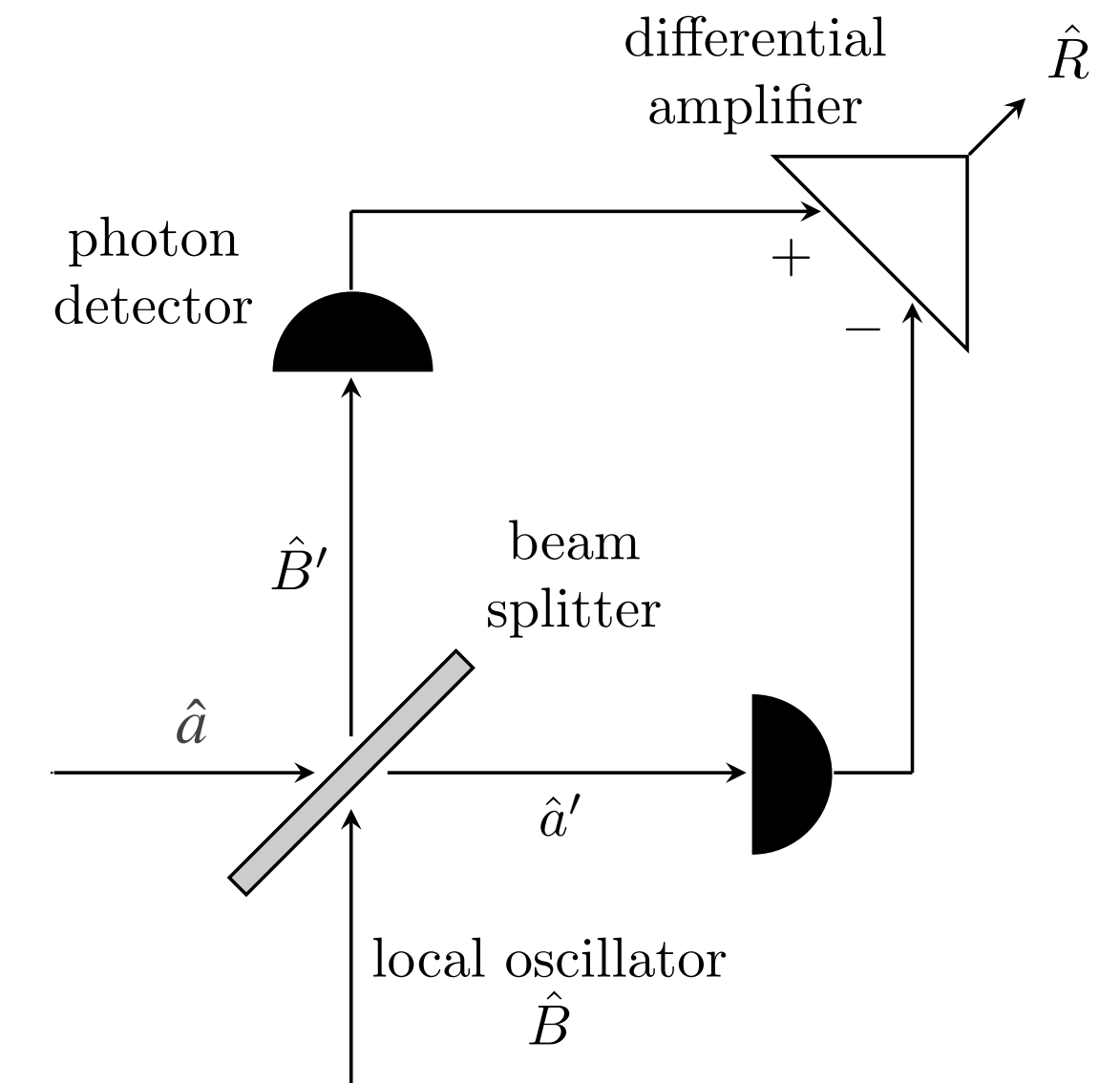


# Experimental configuration



# Homodyne measurement

1. Beam splitter  $\hat{a}' = \frac{\hat{a} - \hat{B}}{\sqrt{2}}, \hat{B}' = \frac{\hat{a} + \hat{B}}{\sqrt{2}}$
2. Differential amplifier  $\hat{R} = \hat{B}'^\dagger \hat{B}' - \hat{a}'^\dagger \hat{a}'$



- Assuming that initial state of local oscillator is a coherent state  $|\beta\rangle$  ( $\beta = |\beta| e^{i\theta}$ ),

$$\langle \hat{R} \rangle = \sqrt{2} |\beta| \langle \hat{X} \cos \theta + \hat{Y} \sin \theta \rangle$$

- ▶ In particular,  $\langle \hat{R} / \sqrt{2} | \beta | \rangle = \langle \hat{X} \rangle$  for  $\theta = 0$
- The error is proportional to  $|\beta|^{-2} = \langle \hat{B}'^\dagger \hat{B}' \rangle^{-2}$ 
  - ▶ We can **measure only  $\hat{X}$  precisely** in the limit of large input of local oscillator

## Magnon lifetime

- We identify magnon lifetime as **spin relaxation time**
- Two types of spin relaxation time
  - **Longitudinal** spin relaxation time  $T_1$ : relaxation of  $S_z$
  - **Transverse** spin relaxation time  $T_2$ : relaxation of  $S_x, S_y$
- Since axion couples with transverse components, we should use  $T_2$
- But, due to experimental difficulties, there is no measured value of intrinsic  $T_2$  in A1 phase
- $T_1$  has been measured:  $T_1 = O(1 - 10)$  sec
- Since  $T_2 \lesssim T_1$  typically, we used  $T_2 = 1$  sec as magnon lifetime

## Log-likelihood ratio test

- Dataset:  $\mathcal{D} = \{X_n^{(\mathcal{D})} \equiv X^{(\mathcal{D})}(n\Delta t)\}_{n \in \{0, \dots, N-1\}}$

- ▶ Fourier transformation:  $X_k^{(\mathcal{D})} \equiv \sum_{n=0}^{N-1} X_n^{(\mathcal{D})} e^{-i2\pi kn/N} \quad (k \in \{0, \dots, N-1\})$

- Power spectral density:  $P_k^{(\mathcal{D})} = \frac{\Delta t^2}{T_{\text{int}}} |X_k^{(\mathcal{D})}|^2$

- Log-likelihood:  $L(\mathcal{D} | P_k) = \prod_{k=1}^{N-1} \frac{1}{P_k} e^{-P_k^{(\mathcal{D})}/P_k}$  ( $P_k = S_k + B_k$ : model of signal and noise output)

- Test statistic:

$$q = 2 \sum_{k=1}^{N-1} \left[ \ln L(\mathcal{D}_{\text{null}} | S_k + B_k) - \ln L(\mathcal{D}_{\text{null}} | B_k) \right] \simeq -\frac{T_{\text{int}}}{2\pi} \int_0^\infty d\omega \left( \frac{S(\omega)}{B(\omega)} \right)^2$$

- ▶  $q = -2.71$  determines 95% exclusion limit for null axion signal ( $\mathcal{D}_{\text{null}}$ )

- Amount of Helium-3
  - ▶ From natural gas  $\sim 2$  kg / year
  - ▶ From decay of Tritium  $\sim 20$  kg / year
- 100g Helium-3  $\simeq 10^3$  cm<sup>3</sup>  $\sim$  \$3,000,000
- Cooling of meter-sized cavity
  - ▶ CUORE experiment ( $0\nu 2\beta$  search) successfully cooled a  $\sim 1$  m detector to **6 mK** and kept it for 15 days
- CAPP-25T
  - ▶ Cavity size 5 L with a magnetic field of 25 T (high- $T_c$  superconducting magnet) planned
- Current highest level of squeezing  $\sim 15$  dB
  - ▶ 20 dB will be achieved in a few years

## Discussion

- Larger magnetic fields (  $> 25$  T) are needed to explore heavier mass regions
- To explore smaller- $g_{ann}$  regions...

$$g_{ann}^{95\%} \propto m_a^{1/2} T_{int}^{-1/4} Q^{-3/8} M_{^3\text{He}}^{-7/8} G_s^{-1/8}$$

- ▶ Longer  $T_{int}$  ? ... Explored regions become narrower
- ▶ Higher  $Q$  ? ... State-of-the-art  $Q$  is  $\sim 10^8$  under 8 T [Ahn et al. (2024)]
- ▶ More  $^3\text{He}$  ? ... Typical amount  $\sim 1$  mol  $\simeq 3$  g
- There is no technology that can cool a meter-sized cavity to  $\sim 2$  mK
  - ▶ An adiabatic demagnetization refrigerator capable of continuously maintaining sub-mK has recently been developed [Toda et al. (2018)]